



Medic to Medic



Annual Report & Financial Statement

July 1st 2020 – June 30th 2021



Contents

What does Medic to Medic do?	2
Mission Statement	4
Where does Medic to Medic work	6
2020 – 2021 in numbers	7
Report from Chief Executive Officer	9
Meet the Team	11
Charitable Travel	13
Kondwani Optometry Technician	14
Our Alumni community – where are they now?	15
What is a clinical officer?	16
Hurst Essay Winners.	18
Buds Bike to Bluff!	20
Statement of Financial Activities	22
Balance Sheet	23
Administrative Details	26



What does Medic to Medic do?

The aim of Medic to Medic is to support healthcare students in low-income countries who are at risk of dropping out of their training. With our support, students can focus on their studies until graduation, and countries gain the expertise of health professionals who are so desperately needed.

Medic to Medic works like “sponsor a child” schemes – except we sponsor healthcare students. Each donor is linked to an individual student, who sends updates on his or her progress. Donations are pooled so that even if a donor withdraws, no student is disadvantaged.

We support students training to become doctors, pharmacists, physiotherapists, nurse midwives, mental health workers, clinical officers and optometrists in their home countries. Scholarships cover each student’s tuition fees, and other necessary allowances, as well as providing them with medical equipment, a laptop and textbooks, so that they have everything they need to successfully qualify from their courses. As of June 30th 2021 we were supporting 72 students, in 8 colleges, across 3 countries and this year we saw 10 of our students graduate.

Without the support of Medic to Medic, many of these healthcare students would spend their spare time trying to find extra funding rather than focusing on their studies. With a scholarship students can concentrate on their studies, and they are more likely to stay and work in their home country following graduation, which is of great importance to the sustainability and development of their countries’ fragile health systems.

3 priorities

Health Workers

We support trainee healthcare workers throughout their education, so that they can perform to the best of their ability. We want to add to the absolute numbers of health workers in training so that there are more graduates in countries with critical shortages.

Equity and Access

We target those who are under represented in the health professions, such as women or those from rural areas. We want to increase the numbers of health workers working in rural areas, so that everyone has equal access to healthcare.

Awareness

We hope to raise awareness of the different conditions facing health professionals worldwide and an appreciation of the global health community.



Student Quotes



“With your scholarship, we are able to support my sibling studies unlike before being granted this scholarship where almost all the money made in the family was given to me for my studies. This scholarship has also inspired and given hope to my younger siblings such that they are now working hard to make it to varsity knowing scholarships exists.”



Mission Statement

Medic to Medic believes that access to healthcare is a human right but is unequal both between and within nation states. Shortage of trained healthcare professionals is a major driver of such inequalities. We strive to address this issue by supporting healthcare students in Africa and low- and middle-income countries who can no longer afford to continue their studies. We value gender equality and seek to support women who are under represented in the healthcare professions. We seek to support students from disadvantaged backgrounds.





The college has helped me to build a character and skills that will stand the storms of life out there for life and I stand to appreciate its existence in Malawi. This achievement cannot be told without mentioning **Medic to Medic** in the scene because it has been so instrumental and a key contributor to my success.



Medic to Medic
UK Registered Charity 1149904
www.medicto medic.org.uk

Where does Medic to Medic work?

MALAWI – The national College of Medicine (COM) in Blantyre was set up in 1991 as part of the University of Malawi. Initially a medical school, it now trains a range of health professionals in Blantyre, Lilongwe, and Mangochi campuses. Medic to Medic sponsors 18 medical students, 9 physiotherapy students, 5 pharmacy students and 1 medical laboratory scientist here. Mzuzu University opened its nursing faculty in 2006. Students undertake clinical placements in the more rural northern region of Malawi, and their training is centered on the health needs of the local population. Medic to Medic sponsors 13 nursing students and 1 optometrist here. St John of God College, also in the north of Malawi, provides a unique training course for clinical officers (a type of health professional common in sub-Saharan Africa who do basic medical training) specialising in the provision of psychiatric care to the rural population. Medic to Medic sponsors 7 mental health workers here. Ekwendeni College of Health Sciences trains students in a diploma of clinical medicine. Students graduate as clinical officers and run missionary hospitals and clinics in rural areas where there are no doctors. Medic to Medic sponsors 9 students training as clinical officers here. Kamuzu College of Nursing trains nurses in the central region of Malawi and like COM is part of the University of Malawi. Here we are supporting 4 nursing students. With a direct donation we have supported 1 student training in the diploma of optometry & 1 student in the certificate of clinical medicine at the Malawi College of Health Sciences.

UGANDA – Makerere University was established in 1922 with just 14 students. By the 1970s, it had become one of the leading universities in Africa. Medic to Medic supports 1 doctor training to be a paediatrician and 1 student training to be a palliative care nurse here.



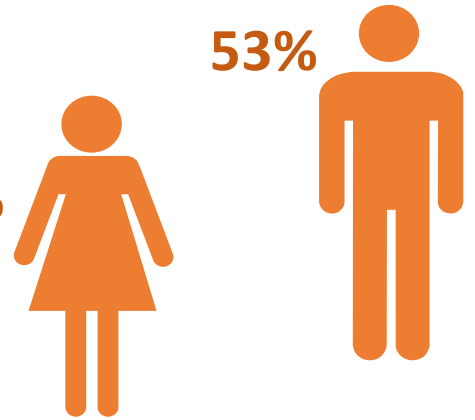
ZAMBIA – The University of Zambia, based in Lusaka, is one of four government run institutions in Zambia that train doctors and other health professionals. It was established in 1965 and has as its motto "*Service and Excellence*". The medical school was the first in Zambia and is set opposite University Teaching Hospital, a tertiary referral hospital in Lusaka. Medic to Medic supports 1 student here.

2020 – 2021 in Numbers

72 students supported

53%

47%



10 Graduates

2 medical equipment packs



8 Universities



15 laptops distributed



3 countries

435 kg medical textbooks transported



Financial support provided

£53,254



Message from a Graduate

“I remember the smile, the motivation and the hope that these donations brought in my college days. The day I got the Medic to Medic scholarship was the day I crossed the bridge from negativity to positivity. There was a surge of new energy and determination. The scholarship sorted out most of the stressors that I had then while doing my studies. It dawned the spirit of optimism and zeal. Forever grateful to Medic to Medic. Many souls have been touched!”



Report from Chief Executive Officer

During 1 July 2020 – 30 June 2021 Medic to Medic has supported a total of 72 individuals – our largest ever cohort of students! This has, in part, been due to the disruption of Covid-19 resulting in deferrals of semester start dates and subsequent delays in graduations, but is also testament to our team’s dedication to continue to grow despite the period of unprecedented global challenges.

Our student community included 18 medical students, 9 physiotherapy students, 5 pharmacy students and 1 medical laboratory science student, training at the College of Medicine in Blantyre; 13 nursing students and 1 optometry student training at Mzuzu University; 9 clinical officers training at Ekwendeni College of Health Sciences; 7 students training in mental health at St John of God College in Mzuzu – 3 in the diploma of psychosocial counselling and 4 in clinical medicine/psychiatric nursing; 1 student training in the diploma of optometry and 1 student studying in clinical medicine at the Malawi College of Health Sciences in Lilongwe; 4 nursing students training at Kamuzu College of Nursing in Lilongwe; 1 Malawian student specialising in a palliative care nursing course at Hospice Africa in Uganda, which is affiliated with Makerere University; 1 postgraduate Ugandan student completing the Master of Paediatrics at Makerere University in Uganda; and 1 Zambian medical student at the University of Zambia in Lusaka. This year saw 10 of our students graduate, bringing the total number of alumni to 137. We hope that our pilot student in Zambia will be the start of a long term relationship supporting more students in a country where there is also more need for medical doctors. Unfortunately due to Covid travel restrictions we have not been able to move forward on developing these partnerships, but hope to do so in the coming years.

In February 2021 we conducted our annual graduate survey. Despite only 37% of graduates having children of their own, 75% were providing financial support to at least one child, demonstrating the ripple effect of Medic to Medic support and positive impacts of students obtaining professional employment. 93% of graduates are still working in Malawi and 97% remain in Africa, demonstrating that our graduates are not choosing to work in high income nations. Those working outside Malawi were planning to return, following successful completion of postgraduate training. Special thanks go to Gabrielle Saunders, final year medical student at Kings College, who undertook her virtual medical elective with us and was able to execute this survey.

Unfortunately we were not able to complete a monitoring visit to Malawi in 2020 due to Covid travel restrictions. This enabled us to concentrate our energies on increasing our fundraising income sustainably. Since the pandemic there have been more virtual technologies aimed at helping charities fundraise. We have been able to register with Pledjar, an app that works like a virtual charity box and rounds up individual transactions, donating the pennies to a charity of your choice. We are also on Go Pool It, a new social media platform that enables charities to raise funds with posts; as well as Charitable Travel and Work for Good websites. Charitable Travel donates 5% of your holiday cost, and Work for Good negotiates commercial sales agreements between charities and businesses for a sustainable source of charitable income.

Notable thanks go to our recycling community in Amersham and Salisbury who have been donating waste for Medic to Medic to recycle with Terracycle in exchange for charitable donations; the Medic to Medic London choir who did a virtual carol concert in December 2020; Kate Lillie for managing media donations (books, DVDs, CDs) and trading them on Ziffit to raise steady income; to two of our students, Gift Khonje and Moses White, who took part in the global My Prudential Ride by selecting their own cycling routes in Malawi; to the “Buds Bike to Bluff” team who raised over NZ\$7,000 for our sister branch in New Zealand; and to everyone who donated to our Big Give Christmas campaign, enabling us to raise unrestricted income.

As universities return to their college calendars, there continues to be an ever growing need of scholarships in Malawi and other African nations. In the year ahead we hope to get our Blantyre - based office functional to further increase our sustainability in Malawi. Thank you for staying with us so we can help more students “dream in colour”.

Dr Tamsin Lillie
MBBS MPH DTM&H EMC DCH
DOMG FRNZCUC
Chief Executive Officer





Medic to Medic
UK Registered Charity 1149904
www.medicmedic.org.uk



"The journey has been exciting with so many experiences both on and off campus. Looking at how life has been, I stand to **appreciate the efforts of those who have been on my side during these crucial and intense moments of life**, full of expectations sometimes pressure from academic and social life. Now I am in my final year, I thank God for the opportunity that He gave me to study at this college. I deeply appreciate the heaven sent **Medic to Medic** for working tirelessly towards my academic success, the journey has been smooth running due to your support."

Meet the Team



Catherine Madden *Trustee*

Cathy is a GP in Chesterfield, Derbyshire and also a trustee for a homeless charity in the UK. She spent her medical elective in Malawi in 1981 and retains great affection for the country. She became trustee for Medic to Medic in 2017 and Chair of Trustees in 2019.

Nick Mandeville *Trustee*

Nick qualified as a hydrologist at Imperial College London and has spent more than 15 years working in Africa and Asia, mainly training water resources staff. He now spends at least one day a week volunteering for Medic to Medic and has been a trustee since 2012. He is instrumental to our team and manages our charity accounts.



David Scott *Trustee*

David spent most of his career in academic and clinical pharmacy, latterly in Cardiff and Oxford. He spent 2 years in Nairobi University and then 3 years at the College of Medicine in Blantyre. Now he spends time on NHS research ethics committees and helps colleagues in Malawi to publish their work.

Paul Purcell *Trustee*

Paul has 20 years management experience in the fields of medical research and Higher Education policy, and a specialist MBA in Life Sciences management. Paul helped Kate Mandeville to establish Medic to Medic in 2007. He joined as a trustee in 2017.



Robin Schreiber *Trustee*

Robin studied Pharmacy in Tübingen, Germany and graduated in 2019. In 2018 he received a scholarship from the German Academic Exchange Service (DAAD) to do a study about the availability and affordability of antimalarial drugs in comparison to antihypertensives in 24 primary health centres in Blantyre in Malawi. There he got to know Medic to Medic and has been an active supporter ever since.

Helen Dzamalala *Malawi Student Manager*

Helen is an Administrative Assistant at the Malawi College of Medicine in the Department of Biochemistry. For the past 10 years, she has been working in the Dean of Students' office and is a tower of strength for the students who have been coming to her for guidance in their search for practical ways to continue their careers in the medical disciplines.



During 2020 – 2021 Dr Richard Banks, Caroline Schmutte and Abigail Somerville resigned due to family commitments. We wish them all the best for the future and appreciate their contributions towards Medic to Medic.



Meet the Team

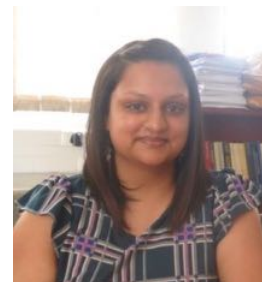


Tamsin Lillie *Chief Executive Officer*

Tamsin is an Urgent Care doctor working in Rotorua New Zealand with an interest in global health. She has been involved with Medic to Medic since 2009 having set up and run the Norwich medical school student branch. She has completed a Masters in International Public Health and the East African Diploma of Hygiene and Tropical Medicine. She has been CEO since January 2015.

Sheena Jagjiwan *Gift Aid Manager*

Sheena volunteers for Medic to Medic. She works full time at a Hospice charity in London. Sheena helps run the yearly monitoring visits in Malawi and submits our gift aid claim each year.



Gaurav Gupta *US country coordinator*

Gaurav joined the Medic to Medic team in 2016 to help with our fundraising work in the US. Gaurav has lived and worked in Africa, Asia, Europe, and North America and is interested in the intersection of Education and Health.

Nadia Panait *Office Manager*

Nadia was born in Romania and studied journalism, tourism and economics. She did various jobs in these fields and moved to the UK in 2011. She is excited to be part of the Medic to Medic team, helping students through their education and works alongside Nick to manage the charity accounts. She works 6 hours a week for Medic to Medic and is the only paid member of the team.



Bryony Hamel *Recycling Volunteer*

Bryony first travelled to Malawi in 2010 to do her elective as a medical student. She was struck by the vast differences in healthcare provision in comparison to the NHS. She initially got involved with Medic to Medic by sponsoring a medical student and later by joining in with the recycling schemes raising money. She has been promoting the charity to anyone that will listen and has now joined us as a trustee.

David Howells *Accounts Volunteer*

A qualified accountant, Dave has spent his career in both the petrochemical & automotive industries. In the last phase of his career, he focused mainly on driving large digital transformations. Dave developed an interest and fascination with Africa while working in South Africa and now wants to help bring sustainable medical capability to Malawi.



Interested in being on the Medic to Medic team? We're always looking for more volunteers interested in helping us with fundraising, administration and grant writing. If you'd like to get involved, email us: info@medictomedic.org.uk



Charitable Travel

Need a holiday? Book through charitable travel and they will donate 5% of your holiday cost to a charity of your choice, at no extra cost to you!

**NEED A
HOLIDAY TO
LOOK
FORWARD
TO?**

Book your
staycation with
Charitable Travel
and donate 5%
of your holiday
price to
Medic to Medic

 **CHARITABLE
TRAVEL**
for charity, not for profit



Kondwani – Optometry Technician



"Today I received some great news - I passed the final exams. Am officially an Optometry technician, am so happy! I owe many thanks to Medic to Medic, I could never have done it without you so I pray that the great work at M2M expands to produce as many graduates as possible."

Kondwani is the first Optometry technician supported by Medic to Medic. Optometrists have a very valuable role in identifying reversible eye diseases. They ensure more people can go to work and children can go to school. They help reverse poverty! It costs roughly £500 a year to support an optometrist or an optometry technician in training - please get in touch if you would like to support a trainee optometrist!



Our alumni community – where are they now?

In the month of February 2021, we distributed a questionnaire to our graduate community. The aim of this survey was to learn how many of our alumni remained working in their graduation country & how their careers had progressed. We had a near 100% response rate with 136 out of 137 graduates completing the questionnaire. Of those who responded, 96 were male, 39 were female and 1 preferred not to disclose. The age range spanned from 23 to 49, whereby the mean age was 30 years. The year students graduated ranged from 2008 to those due to be graduates in 2021, and the modal year of graduation was 2017.

The professional breakdown of our respondents included 75 medical doctors, 12 nurses, 10 clinical officers, 19 physiotherapists, 17 pharmacists, 1 nutritionist, 1 health manager, and 1 biotechnologist. Fortunately, 127 out of 136 graduates were in current employment. Of those working, 62% were working in the public sector, 21% in private industry, 2% had involvement in both, and 15% did not disclose. Of the nine graduates who were not in current employment, three were enrolled in further training.

93% of graduates currently live in the country in which they trained with 123 graduates in Malawi and 3 graduates in Uganda. Of those who left, 60% were located in other regions of Africa, spreading themselves between South Africa (3 graduates), Botswana (2 graduates) and Lesotho (1 graduate). The remaining 4 graduates outside of Africa were in the UK and United States of America, where most were undertaking further training. The graduates outside of their country of training had moved for various reasons; five moved for post graduate training; & two moved to be with their families. However, all planned to return to Malawi, albeit at their own individual rates. Expected returns were between 2021-2027, two did not specify a year but explained it would be once they had completed specialist training.

Providing school fee support to children was the norm. Despite only 37% of our graduates having children of their own, 75% were providing financial support to at least one child. The number of children dependent on their support ranged from 1 to 10 children, whereby the modal number was 2. Moreover, 41% of our graduates were involved in philanthropic activities including the donation of medical devices, medications, food and clothes, providing school fees to orphans, improving access to mental and physical healthcare, and raising money for those in need. Approximately one third of our graduates were balancing other roles, 62% of these were voluntary, including work at Covid centres, taking on voluntary leadership and managerial roles in the clinical and non-clinical settings, and health promotional activities in their local communities.

Most heart-warmingly, 89% of our graduates were interested in contributing towards Medic to Medic initiatives, highlighting the strong community we have been able to grow. We hope to continue providing support to health workers in training that Malawi, and its neighbouring countries, so desperately need. We are proud that Medic to Medic graduates have not been attracted to the higher salaries of western countries with 97% of graduates remaining in Africa and 93% remaining in the country in which they trained.



Thank you to Gabrielle Sanders (left), medical student at Kings College London for undertaking the 2021 Graduate Survey during her virtual elective with us.



What is a Clinical Officer?



A **clinical officer** is qualified to perform medical duties such as diagnosis and **treatment** of disease and injury. In rural areas, they run missionary and district **hospitals** where there are **no doctors**. They are an **investment in the health workforce**. **Medic to Medic** supports clinical officers in training at **Ekwendeni** College of Health Sciences.



Go Pool It

The new social media platform allowing you to support charities through your posts by raising microdonations. Check out the video to find out how it works:

<https://www.youtube.com/watch?v=8Y-BgwhPcWg>

The more posts that support Medic to Medic, the more we can raise!



Hurst Essay Winners

Every year Medic to Medic run the annual essay competition. This is a chance for the students to practise their essay writing skills as well as an extra opportunity to win some prize money. This year we ran four essay competitions; one for the College of Medicine students; one for Mzuzu nursing students; one for our Clinical Officers at Mzuzu and one for our KCN nursing students.

This year's essay title was *"Plan a Covid-19 vaccination strategy for implementation in Malawi. Within your answer you may wish to address the following issues: Herd immunity and type of vaccine; logistical challenges and how they may be overcome; delivery and rollout of vaccinations including vaccine refusal."*

Congratulations to everyone who entered and a BIG thanks to Dr Hurst whose continued donations provide the prize money for this competition and to our markers who gave feedback on the essays - Cathy, Richard, Tony, David, Robin & Helen.

College of Medicine

Total of 5 entries submitted.

Winners:

1st Prize Chisomo Mthunzi
2nd Prize Moses White
3rd Prize Patience Ngwira
Highly Commended
Kumbukani Kamwana

Clinical Officers Mzuzu

Total of 6 entries submitted.

Winners:

1st Prize Martin Banda
2nd prize Christopher Chiwanda
3rd prize Noa Kalinga
Highly Commended Duwa Phiri

Nursing Mzuni

Total of 7 entries submitted.

Winners:

1st Prize Yohane Nyirenda
2nd Prize Gift Mvula
3rd Prize Gift Gama
Highly Commended Lucius
Chinumbi

Nursing KCN

Total of 4 entries submitted.

Winners:

1st Prize Lyson Moffolo
2nd Prize Bertha Mphepo
3rd Prize Regina Chimombo
Highly Commended Patrick
Somanje

"I am very grateful for what Medic to Medic through different platforms has helped me become. The writing competitions have strongly contributed to what I am today and have become one of my strongest skills I have now."

Medic to Medic Graduate



Student Quotes

We aim to give ALL students a laptop after they have been supported for 1 year.



"Today, I collected hand sanitizer and soap - I must say am really grateful for your help and with this I will protect myself from covid-19 by hand sanitizing always and taking good care of my body.....I also happened to borrow a laptop - life without a laptop at a college is unbearable, lucky enough for me you have come to my help and here I am with the laptop that I have just borrowed. My studies are going to be simplified....In a nut shell, I must say M2M is indeed an organization sent from heaven to save me at a time that I had no hope for my academic life....Thank you a lot and may almighty God continue showering many blessings on this organisation."



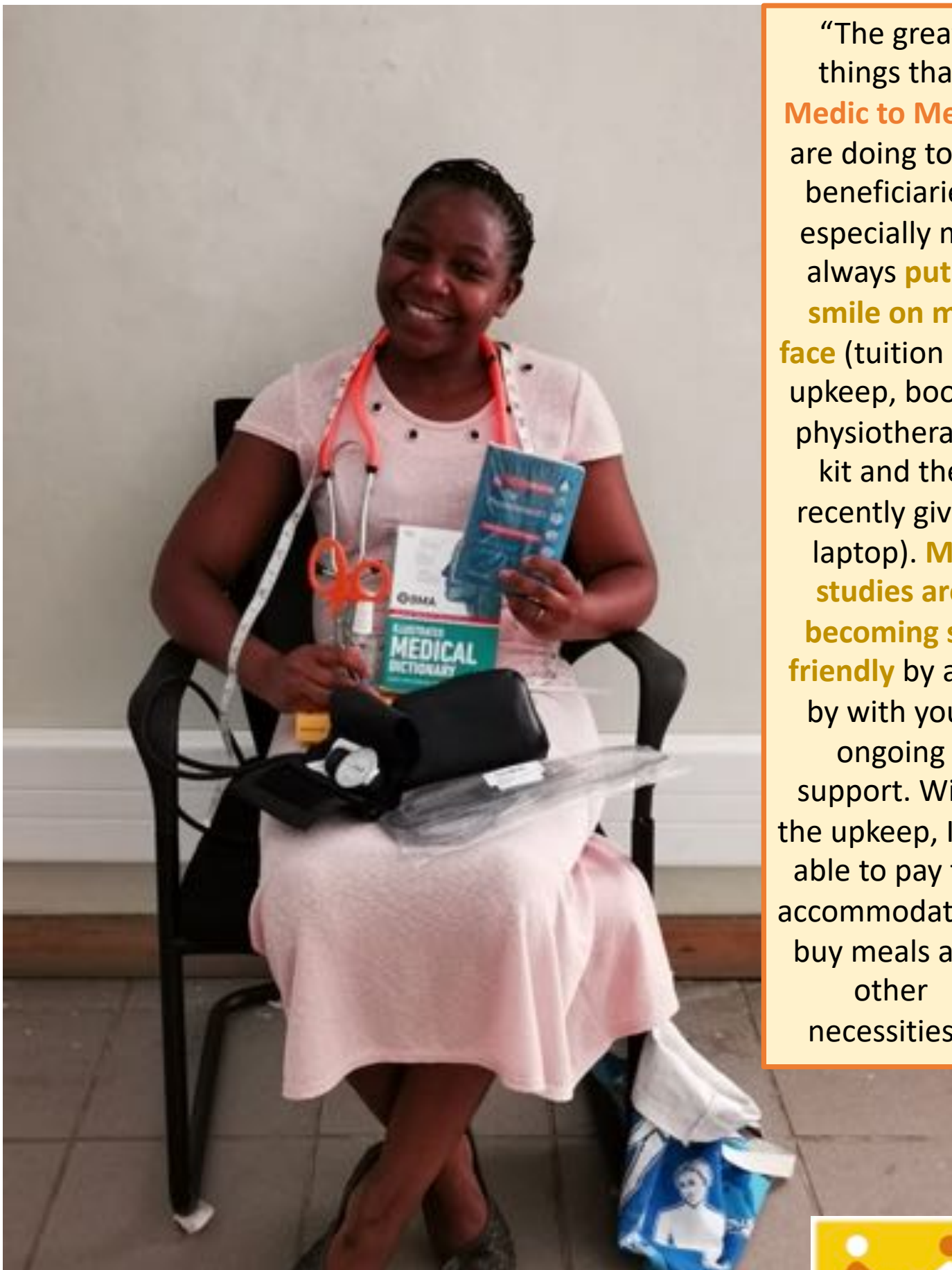
Buds Bike to Bluff!



Special thanks to the Buds Bike to Bluff team cycling the length of New Zealand from Cape Reinga to Bluff over 10 days and raising over NZ\$7,000 for our NZ branch.

"As with every adventure in life there is a beginning and an ending. The build up is filled with **nervous energy, giddiness and excitement**. Once the challenge is underway adrenaline pumps through you. You're **fresh for the fight** and ready to take on the world. Towards the middle some doubts creep in. Can I do this, am I pushing myself, my body, my friends too much? Do I have what it takes mentally and physically to get through this challenge? But you get up in the morning, clip on your shoes and rally around the group. **You push through the wind and the rain**, the hunger and the tiredness and you realise that you're still enjoying every moment. And then the last day arrives out of nowhere. Everyday has become a blurr all melded into one and you're not quite sure how **you've made it to the cusp of success**. There's still some work to do but you know that at the end of the day you'll have achieved something major. Yesterday was that day, **tired legs, tired bodies and tired minds but 100% effort**. A huge tailwind a sign from the Gods that the weather was finally on our side. A parting party ride and some family to cheer us on. And a special surprise to end the day! **Yesterday we did something pretty cool**, we finished our journey from the Cape to Bluff and it was brilliant!"





“The great things that **Medic to Medic** are doing to its beneficiaries especially me always **put a smile on my face** (tuition fee, upkeep, books, physiotherapy kit and the recently given laptop). **My studies are becoming so friendly** by and by with your ongoing support. With the upkeep, I am able to pay for accommodation, buy meals and other necessities.”



Statement of Financial Activities

The next two pages show a statement of Medic to Medic's financial activities for the year 2020 – 2021. For more information please see our Financial report on our website or the charity commission:

<https://www.medictomedic.org.uk/charity-information>

Medic to Medic

Statement of financial activities

For the year ended 30 June 2021

	Note	Restricted £	Unrestricted £	2021 Total £	2020 Total £
Income from:					
Donations	3	24,951	68,249	93,200	83,421
Other trading activities	4	-	5,688	5,688	237
Investments		-	3	3	7
Total income		<u>24,951</u>	<u>73,940</u>	<u>98,891</u>	<u>83,665</u>
Expenditure on:					
Raising funds		-	3,391	3,391	4,363
Charitable activities		<u>26,983</u>	<u>36,871</u>	<u>63,854</u>	<u>86,513</u>
Total expenditure	6	<u>26,983</u>	<u>40,262</u>	<u>67,245</u>	<u>90,876</u>
Net income / (expenditure)		(2,032)	33,678	31,646	(7,211)
Transfers between funds		<u>82</u>	<u>(82)</u>	<u>-</u>	<u>-</u>
Net movement in funds	7	(1,950)	33,596	31,646	(7,211)
Reconciliation of funds:					
Total funds brought forward		<u>9,640</u>	<u>19,790</u>	<u>29,430</u>	<u>36,641</u>
Total funds carried forward		<u><u>7,690</u></u>	<u><u>53,386</u></u>	<u><u>61,076</u></u>	<u><u>29,430</u></u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the accounts.



Balance sheet

Medic to Medic

Balance sheet

As at 30 June 2021

	Note	2021 £	2020 £
Current assets			
Stock	10	320	320
Debtors	11	9,029	148
Cash at bank and in hand		<u>53,227</u>	<u>30,222</u>
		62,576	30,690
Liabilities			
Creditors: amounts falling due within 1 year	12	<u>(1,500)</u>	<u>(1,260)</u>
Net assets	13	<u>61,076</u>	<u>29,430</u>
Funds			
Restricted funds	14	7,690	9,640
Unrestricted funds			
Designated funds		9,000	6,000
General funds		<u>44,386</u>	<u>13,790</u>
Total charity funds		<u>61,076</u>	<u>29,430</u>

Approved by the trustees on

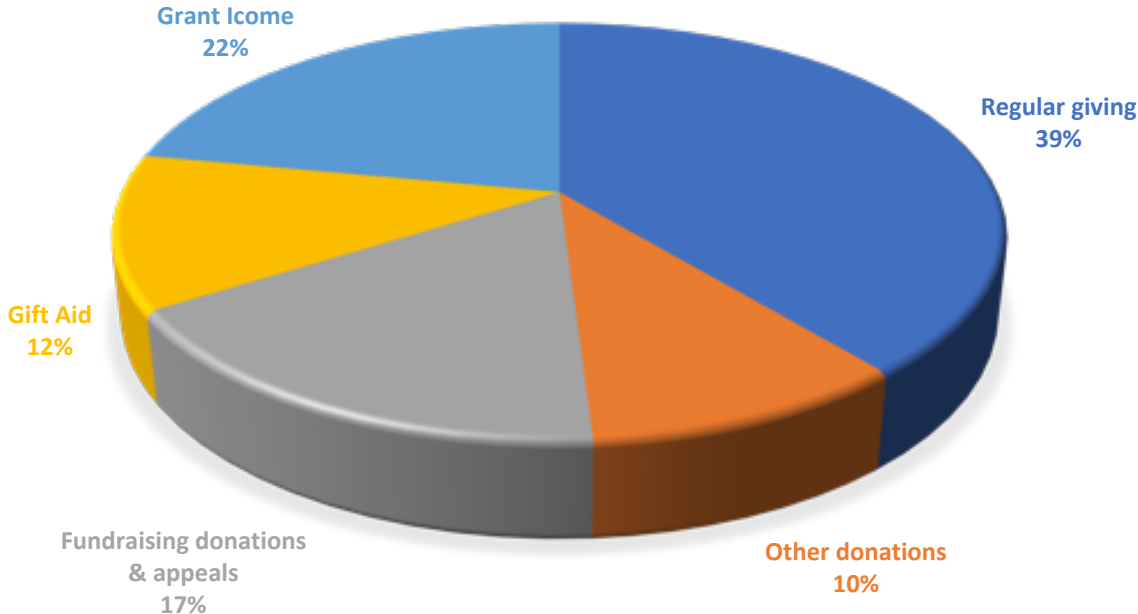
and signed on their behalf by

Adrian Nicholas Mandeville - trustee

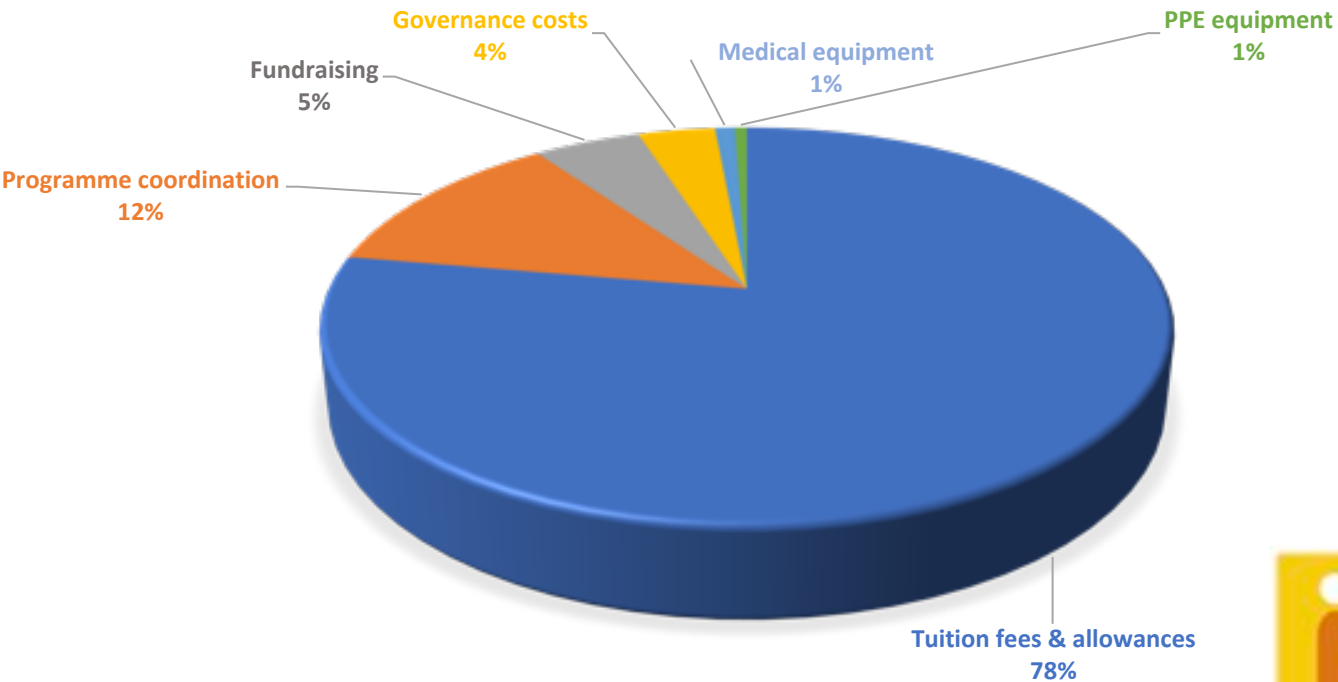
The Covid-19 pandemic had a fortuitous positive benefit on our overall financial balance during the year 2020-21. Our anticipated income arising from special fundraising events was lost, due to two events being cancelled and the three others postponed. A couple of our individual donors who had previously provided large sums were not able to do so for this year, and another decided to postpone their contribution until the 2021-22 year. On the other hand our regular monthly donations held up well, and even increased slightly. The overall dip in total anticipated income in UK was dwarfed by a one-off large saving in our expenditure on student support in Malawi. This came about directly due to the pandemic, because the five colleges that we support all decided to send the students back home for the first semester of the academic year starting in August 2020, and consequently waived payment of the first semester fees. This immediately reduced our total anticipated expenditure for the year by £12K.



Income 2020 – 2021



Expenditure 2020 - 2021



The story of Happy

My name is Happy Charles of Mpinga Village, Traditional Authority Nsamala, Balaka District, Southern part of Malawi. I am a second born (and the only male child) in a family of three. Almost 90% of my childhood life, I have been living with my family in Balaka. I have been living mostly with my grand mother because both my parents passed away when I was little. I did my primary school at Makanjira Catholic primary school in Balaka. Its from this school where I was selected to do my secondary education at St Charles Lwanga secondary school which is located in Balaka township. I started my secondary education in 2008 and it was a different experience compared to primary education. Initially I struggled to cope with secondary life and its need to study hard such that my performance was below expected initially. However, the performance improved eventually such that I was one of two students who got selected to pursue their tertiary education at the University of Malawi in 2012. I was initially selected to do Bachelor of Education Science at Chancellor College (University of Malawi) but a month after starting the course at Chancellor College, I was selected to pursue Bachelor of Medicine, Bachelor of Surgery at College of Medicine (University of Malawi).

Life in Medical school was very good and everything was going on very well until 2016-17 academic year when I was in 4th year of my programme because the tuition fee was hiked by 400%. This affected me psychologically so much such that I was failing to have a sleep. At this time, I was on end of 4th year, 1st semester holiday preparing to go into 4th year, 2nd semester of my programme. I had not paid 1st semester tuition fees. I was very worried because my uncle (whom I was staying with) was sponsoring my sister and 2 of his children and there was no way he could help me with this. The worst part was that previously (first 3 years of my tertiary education), the Government was giving loans to almost every needy student but this time they only picked less than 10% of needy students and I was one of the unlucky ones. So, all these made me depressed and I decided to voluntarily withdraw from the College on financial grounds. I wrote the letter and I was ready to submit to the administration as soon as the school opens.

Just a week to the opening of school, **BOOOM!!!!!!!!!! THERE CAME MEDIC TO MEDIC TO MY RESCUE.** I had told them about my problems previously. They sent me a form to fill and submit to Helen Dzamalala at the College. This gave me hope such that I put the idea of withdrawing on hold. The Medic to Medic team came weeks after opening the school to carry out interviews and they picked and started sponsoring my Education (full tuition) from that time. This was a relief to me because Medic to Medic had taken off the burden that I was carrying and I was able to focus on my education. In May 2018, I wrote my end of programme examination which I didn't do well and I re-took the exams in January 2019 and I was successful. I had my graduation on 27th February, 2019 at the Great Hall, Chancellor College. It was a special moment to me because I had never participated in an official graduation before. It was simply amazing.



I started my internship at Mzuzu Central Hospital on 8th May, 2019. I did my internship for 18 months till November 7th 2020. During my time of internship, I learnt a lot and gained required experience as far as clinical work is concerned. To me internship is a very crucial time for a junior medical doctor because that's where vital knowledge and experience in clinical practice is gained. During my internship period Medic to Medic was still sponsoring me both financially and also materials and equipments that I was using during Covid-19 period and also other general clinical equipments. On 22nd February, 2021, the Health Service Commission called me for interviews for the post of Senior Medical Officer and I was successful such that on 5th March, 2021 I received an offer letter for appointment as a senior medical officer at Kamuzu Central Hospital in Lilongwe. So right now, am a senior medical officer at Kamuzu Central Hospital.

All these couldn't be possible if Medic to Medic hadn't come to my rescue in 2017. So am always grateful for what Medic to Medic did. I REALLY APPRECIATE.



Administrative Details

Medic to Medic

c/o Rosanne, 7 Shortway, Amersham, HP6 6AQ
Email: info@medictomedic.org.uk

For comments, questions and errata regarding this annual report, please contact the editor at the email address above. Every effort has been made to credit contributors to this report. Where omissions have occurred, please advise and they will be rectified at the earliest possible opportunity.



Medic to Medic



@MedictoMedic



Medic to Medic



tamsinlillie



Registered with



FUNDRAISING
REGULATOR

How you can help

Most of our donors give just £5—20 per month. If you feel you can sponsor a student, please visit www.medictomedic.org.uk to set up a direct debit online. You will be linked with an individual student and receive regular updates from them on their progress. You are welcome to enter into email correspondence with them and many of our students find this very motivating. Please note that although you will be allocated a particular student, our donations are pooled so that no student is disadvantaged if a donor withdraws. For more information, please contact us (details above).

Medic to Medic Bankers Lloyds TSB Bank PLC; 286-288 Station Road; Harrow; Middlesex; HA1 2EB

Independent Examiners: Godfrey Wilson Limited; Chartered accountants and statutory auditors; 5th Floor Mariner House, 62 Prince Street, Bristol, BS1 4QD.

UK registered charity No: 1149904

www.medictomedic.org.uk





Medic to Medic was founded in 2007 to address the problems of training and retaining health workers in some of the world's poorest countries. Like many sub-Saharan countries, Malawi is desperately short of doctors with just two doctors per 100 000 people.

We support resource-limited but dedicated students through their training, supporting the sustainability of the health systems in their home countries. We cover tuition fees, allowances, medical equipment, books and a laptop so that students have everything they need to reach their full potential.



Medic to Medic

