



# Medic to Medic



**Annual Report and Financial Statement 2016 – 2017**  
**UK branch**

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Front cover photos (from top to bottom)  
Issac Yiwombe MBBS, Thokozire Phiri Pharmacy, Group of graduates of 2017



## What does Medic to Medic do?

The aim of Medic to Medic is to support healthcare students in low-income countries who are at risk of dropping out. With our support, students can focus on their studies until graduation, and countries gain the expertise of health professionals who are so desperately-needed.

Medic to Medic works like “sponsor a child” schemes — except we sponsor healthcare students. Each donor is linked to an individual student, who sends updates on his or her progress. Donations are pooled so that even if a donor withdraws, no student is disadvantaged.

Medic to Medic students are training to become doctors, pharmacists, physiotherapists, nurses, mental health workers and clinical officers in their home countries. Scholarships cover each student’s tuition fees, and other necessary allowances, as well as providing them with medical equipment and textbooks, so that they have everything they need to successfully qualify from their courses. As of August 31st 2017 we were supporting 52 students, in 5 colleges, across 3 countries, and this year we saw 13 of our students graduate.

Without the support of Medic to Medic, many of these healthcare students would spend their spare time trying to find extra funding rather than focusing on their studies. Instead, they can concentrate on their studies, and they are more likely to be able to stay and work in their home country following graduation, which is of great importance to the sustainability and development of their countries’ fragile health systems.

### 3 priorities

#### *Health workers*

We support trainee healthcare workers throughout their education, so that they can perform to the best of their ability. We want to add to the absolute numbers of health workers in training, so that there are more graduates in countries with critical shortages.

#### *Equity and Access*

We target those who are under represented in the health professions, such as women or those from rural areas. We want to increase the numbers of health workers working in rural areas, so that everyone has equal access to healthcare.

#### *Awareness*

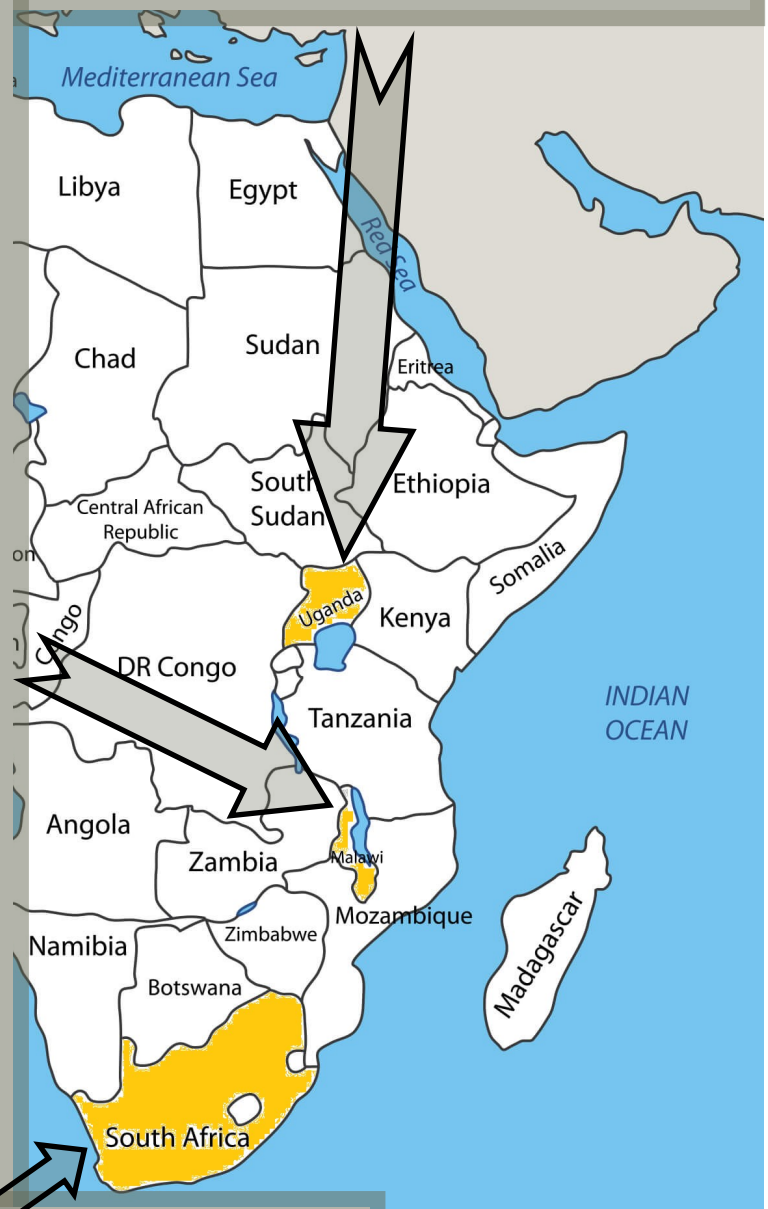
We hope to raise awareness of the different conditions facing health professionals worldwide and an appreciation of the global health community.



## Where does Medic to Medic work?

**MALAWI** - The national [College of Medicine](#) in Blantyre was set up in 1991 as part of the University of Malawi. Initially a medical school, it now trains a range of health professionals in Blantyre, Lilongwe, and Mangochi campuses. Medic to Medic sponsors 26 medical students, 6 physiotherapy students and 7 pharmacy students here. [Mzuzu University](#) opened its nursing faculty in 2006. Students undertake clinical placements in the more rural northern region of Malawi, and their training is centered on the health needs of the local population. Medic to Medic sponsors 11 nursing students here. [St John of God College](#), also in the north of Malawi, provides a unique training course for clinical officers (a type of health professional common in sub-Saharan Africa who do basic medical training) specialising in the provision of psychiatric care to the rural population. Medic to Medic sponsors 4 mental health clinical officers here.

**UGANDA** - [Makerere University](#) was established in 1922 with just 14 students. By the 1970s, it had become one of the leading universities in Africa. Medic to Medic supports two doctors training to be paediatricians here.



**SOUTH AFRICA** - The Faculty of Medicine and Health Sciences at [Stellenbosch University](#) in the Western Cape is over 60 years old. From humble beginnings it has grown into an institution that produces high quality health workers and leaders in research across South Africa in both undergraduate and postgraduate programmes. Medic to Medic sponsors one of our graduates training to be Malawi's first female neurologist here.



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## 2016/2017 in numbers (UK branch)

**52** Students supported



**76%**



**24%**

**13** Graduates



**10** Doctors

**2** Pharmacists

**1** Physiotherapist

Financial support provided **£45,807**

Emergency funding **£12,225**



**3** countries

**5** colleges



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## Report from CEO and Chair of Board of Trustees

What a year of emotions this has been for Medic to Medic! It started off full of worry at the news that tuition fees at the University of Malawi (where the majority of our students study) had increased by 600%, and has ended on a high where we have formulated more partnerships, seen our largest cohort of students graduate and welcomed more members to our board of trustees.

In August 2017, we celebrated 13 of our students graduating from the Malawi College of Medicine as fully qualified health workers. This is our largest single group of students graduating since we started in 2007 and brings our total number of graduates to 58. We keep in touch with our graduates through the Medic to Medic alumni network and look forward to working with them closely as they develop the Medic to Medic partner organization in Malawi.

This year also saw an independent branch of Medic to Medic established in the USA. Early successful fundraising, particularly from doctors in California, enabled the branch to provide emergency support to 33 medical, pharmacy and physiotherapy undergraduate students, in addition to our 42 regular students. All these students were in their final years of training and would otherwise have had to drop out following the tuition fees increase.

Over the last 12 months, we have strengthened our existing partnerships with the College of Medicine and Mzuzu University in Malawi and have established a new partnership with St John of God College in northern Malawi. In the UK, we continue to build upon our productive partnerships with the University of Dundee and University of East Anglia.

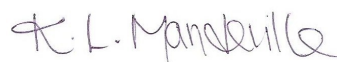
We are delighted to welcome five new Trustees to the Board. These talented individuals bring a range of expertise and experience that will help guide Medic to Medic to be as effective and efficient as possible for our beneficiaries and donors.

None of our achievements would be possible without the generosity of our sponsors. Their loyalty and continued support is immensely important to our students and the core team who work tirelessly to keep the organization running smoothly.

There will always be challenges ahead of us, which include the threats of increasing tuition fees and the rising cost of living across Malawi. This year has proven that we have been able to weather the storms and come out of it stronger than when we started.

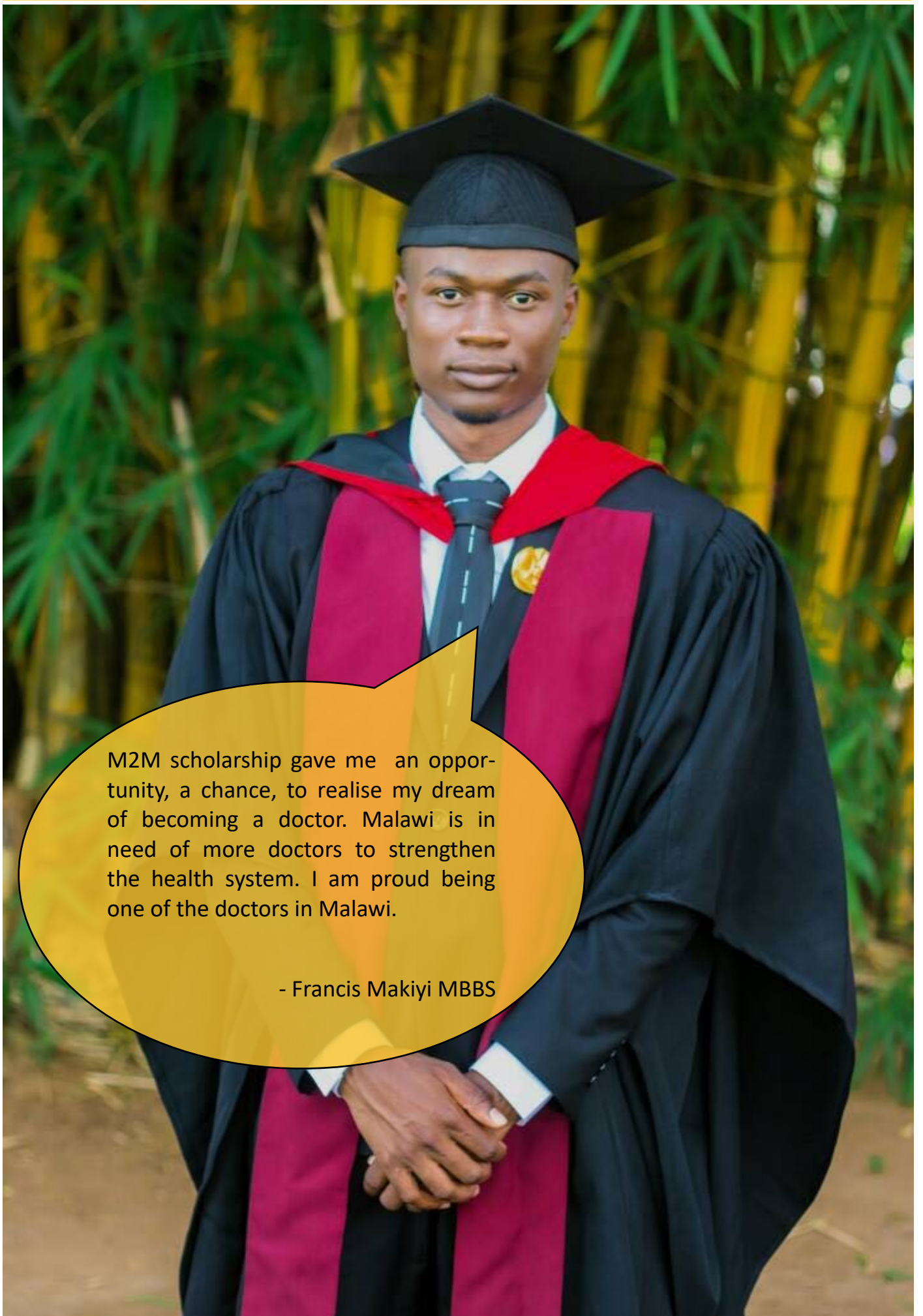


Dr Tamsin Lillie, Chief Executive Officer



Dr Kate Mandeville, Chair of the board of trustees





M2M scholarship gave me an opportunity, a chance, to realise my dream of becoming a doctor. Malawi is in need of more doctors to strengthen the health system. I am proud being one of the doctors in Malawi.

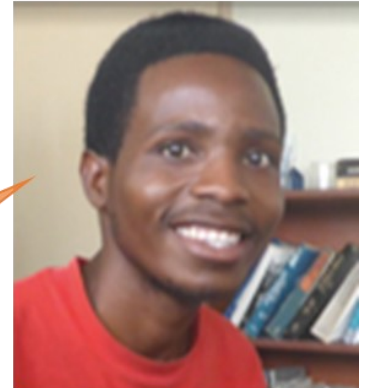
- Francis Makiyi MBBS

## Something from our students....



"I'm so grateful. I will make sure that I work hard in class so that I should impress you. I really do appreciate it."

-Atupele Tepani



"Thank you. I really cannot imagine where I would be without Medic to Medic. I had no hope but nowadays I have a better life with the fees and allowances that you provide, I just have to work hard."

-Frank Kaphesi



"I would like to thank you for the support you are offering me. You are really helping me to achieve my dreams. I greatly appreciate it because my family was finding it difficult to pay for my academics"

-Judith Namukopwe

"I have greatest happiness for the help medic to medic provided to me. Thus, my academic progress has not been affected in any way and I have achieved better results. I have graduated with BACHELOR OF PHYSIOTHERAPY (HONS) with UPPER SECOND CLASS. If you are good at believing without seeing, believe this, I AM VERY HAPPY, SO HAPPY, SO GREATFUL AND MOTIVATED WITH MEDIC TO MEDIC, believe this. Thank you, thank you, thank you, thank you to infinity."

- Final year physiotherapy student





## Gift, a beneficiary's story

I am Gift Gama, one of the MEDIC to MEDIC beneficiaries. I am doing a bachelors degree in nursing and midwifery at Mzuzu University. I write to thank you for your assistance of school fees, pocket money, books and clinical nursing equipment like stethoscope, thermometer, nurses watch, sphygmomanometer and pen light, you have given me.

In my first year of studies at Mzuzu University I faced a lot of challenges as my parents could not afford to assist me financially. This problem worsen when my biological mother who was assisting me passed away toward the end of first semester. I was failing to pay house rentals, electricity and water bills, meals and stationeries. As such, most of the time I could be psychologically affected, and this altered my learning process. Most of the days I could attend the classes without taking meals. In the second semester, the government assisted me with only half of the tuition fees and stationery allowance while the remaining part was still a challenge. For this year the government left me out and I started with a lot of challenges that led me to the decision of withdrawing. Your assistance has helped me to combat these problems that I had in the first year as mentioned above. Your assistance has improved my situation and as now I am psychologically stable and I have enough time to concentrate on education. It is my hope that this semester I will do better. However the big challenge I still have that affects my education is a lack of laptop. This is very important in our studies because the lectures give us notes in soft copies which need laptop. For me to have access to these notes, I am supposed to photocopy them which is even more expensive to do it on daily basis.

Last year I underwent two clinical allocations, the first one took two weeks when I learnt about the hospital environment. The second one took 6 weeks in a surgical ward where I learnt a lot and this motivated me very much. There were a lot of cases that I nursed, for example I had a patient with an infectious burn wound that I was dressing every morning. The patient could refuse to be dressed by my colleagues and he was crying of pain if my colleagues were coming to attend him.

He told me that he wanted me to be dressing his wound, his justification was that I handled him according to his needs. When I went to say bye to him as my time was over for clinical practice, he cried because I was leaving the hospital very early.

I was born out of wedlock and my mother passed away, currently I am brought up by my uncle who is so pleased and thankful to you for your assistance. My uncle's only occupation is farming and he cannot afford to assist me financially in my education.



*Yours, Gift N. Gama*



**Masood Rogers MBBS**

## This year's highlights.....

### COM Hurst Essay Prize Competition March / April 2017

Well done to Titus Kapalamula (4th and final year Pharmacy student) at the College of Medicine Malawi, who this year won 1st prize in the Medic to Medic Hurst essay competition. Each year, Medic to Medic runs a student essay competition with donations kindly made by Dr Nigel Hurst. The title for 2017 was: "How can modern technology increase access to healthcare in Malawi?" We received 12 entries from our students each presenting unique arguments and perspectives. Titus described the recent use of drones in Malawi to increase access to HIV diagnosis and opportunities to provide treatment using this modern technology. Congratulations to the other winners: Thokozire Phiri (2nd prize - 4th year Pharmacist), Frank Kaphesi (3rd prize - first year physiotherapist) and Samuel Mpingjira (Highly Commended - 4th year medical student).

### Mzuzu Hurst Essay Prize Competition March / April 2017

Well done to Gift Mvula, Janet William and Sophlet Blackson who came 1st, 2nd and 3rd respectively in the Mzuzu Hurst essay writing competition. This year's title was, "If you were the director of the World Health Organisation, what would your five point action plan be for Malawi and why?" Mtisunge Chitedeze was highly commended for her entry.

### M2M student gets essay published

"Following this victory was the publication of my essay by the Malawi Medical Journal (MMJ), Malawi's leading academic journal. I give a million thanks to Medic to Medic for recognizing the high quality content of my paper in the first place and for finding an outlet (MMJ) for it. I give special thanks to Dr Kate Mandeville, Sheena Jagiwan and Dr Tamsin Lillie for directly being involved in the communication processes with MMJ team via e-mails to facilitate the process until the paper got published in July."

Fanuel Bickton



# Spotlight: Nursing at Mzuzu University

## The Nursing Journey at Mzuzu University

Malawi still needs twenty times more nurses to meet the country's population health care demands. Currently at slightly above 17 million, the population of Malawi is quickly growing and needs more nurses. Mzuzu University, initially a teacher training college, opened its doors in 1995. In 2006 a decision was made to start training nurses and midwives. This saw the birth of a Bachelor of Sciences degree in Nursing and Midwifery. Since then, Nursing at Mzuzu University has been admitting an average of 40 students annually. There was an indication that the government would fund the students when the programme started. However, things changed when the first intake graduated in 2010 when it was noted that there was a breakdown in communication about funding this programme. In an attempt to sustain the programme, the department of nursing was given an opportunity to change its approach to a self-sponsored system. The university has been admitting slightly over 70 students but not all report for training due to lack of funding. Some students brave it and register but struggle financially throughout the training. Medic to Medic with its global mission to support health-worker training came to the rescue of one student in 2013. Since then, Medic to Medic takes on board an average of four students every year and is currently supporting 12 students. Medic to Medic has become an important stakeholder for nursing and midwifery training at Mzuzu University. For instance, Medic to Medic has supported Mzuzu University with more than 500 books when the institution experienced a devastating fire that razed more than 45000 books, computers and other reading resources. The department plans to commence a three year upgrading programme for Nursing and Midwifery Technician (NMTs) in September 2017 to shorten professional pathway for NMTs. In addition, the next three years is significant for nursing and midwifery at Mzuzu University as the department plans to introduce postgraduate programmes which will need more support from partners to assist with books, clinical skills laboratory equipment and students scholarships.

*By Masumbuko Baluwa and Dr Thokozani Bvumbwe*

### Growing the libraries!

Since September 2016 Medic to Medic have successfully given 400kg of textbooks to university and college libraries! They have been donated to Mzuzu University, whose library was destroyed by a fire in December 2015 and also helped to stock new libraries at district hospitals, at the College of Medicine's rural campuses in Nkhoma and Mangochi Malawi. These resources are used by the medical students on their family medicine rotation, as well as the family medicine registrars who are training at these district hospitals.



# Graduation day!

A huge congratulations to all our Medic to Medic graduates 2017!

Madalitso Zulu - Medicine

Waleke Khamulo - Medicine

Humphry Chisembero - Medicine

Anthony Chirwa - Medicine

Isaac Yiwombe - Medicine

Precious Kachitsa - Medicine

Mayamiko Zulu - Medicine

Charles Tembo - Medicine

Fatsani Gundah - Medicine

Hawah Mbali - Medicine

Titus Kapalamula - Pharmacy

Thokozire Phiri - Pharmacy

Fanuel Bickton - Physiotherapy



And a special thank you all our Medic to Medic supporters for helping to make this a reality for these students.



## Meet the Board of Trustees.....

**Kate Mandeville**

As Chair of the board of trustees and founder of Medic to Medic, Kate has been involved since the outset. She is a public health doctor who works on strengthening the health systems of low- and middle-income countries. She was born in Malawi and has a PhD in the most effective strategies to retain health workers in Malawi.



**Nick Mandeville**

Nick qualified as a hydrologist at Imperial College London and has spent more than 15 years working in Africa and Asia, mainly training water resources staff. He now spends one day a week volunteering for Medic to Medic and has been a trustee since 2012.



**Catherine Madden**

Cathy is a GP in Chesterfield, Derbyshire and also a trustee for a homeless charity in the UK. She spent her medical elective in Malawi in 1981 and retains great affection for the country. She became trustee for Medic to Medic in 2017.



**Richard Banks**

Richard is a retired Renal physician with extensive overseas experience having volunteered in Ghana, Palestine, Maldives, India and Malawi. He joined Medic to Medic as a trustee in 2017. In Malawi he spent six weeks at the medical school helping with clinical work, teaching and advising on future renal therapy.



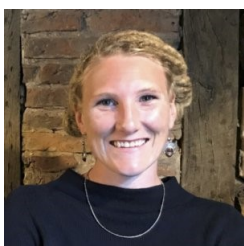
**Paul Purcell**

Paul has 20 years management experience in the fields of medical research and Higher Education policy, and a specialist MBA in Life Sciences management. Paul supported Professor Colin Green in establishing and managing the International Medical Education Trust 2000 for over 10 years and helped Kate Mandeville to establish Medic to Medic. He joined as a trustee in 2017.



**Maddy Gupta-Wright**

Maddy is a public health doctor currently undertaking a PhD in medical anthropology. She lived in Malawi for 2 years to conduct her research fieldwork. She has previous experience as a trustee for an international development charity and joined the Medic to Medic team in 2017.



**Caroline Schmutte**

Caroline Schmutte is the Head of Germany Relations at the Bill and Melinda Gates Foundation. She leads the foundation's work in Germany and focuses particularly on advocacy and policy regarding global health. Prior to this position, Caroline was a Private Sector Development Specialist at World Bank Group and also spent four years with McKinsey, most recently as an Engagement Manager. During this time, she focused on advising private and public-sector clients in healthcare provision, pharmaceutical innovation, and agriculture. Caroline joined the Board of Trustees in 2017.



## Some more from our students....

"It is quite sad to see a lot of students withdrawing on financial grounds and some even failed to write mid semester exams as they were not given examination numbers. I consider myself one of the luckiest students because of this scholarship. My regards to the whole Medic to Medic team and all the sponsors, we will never thank you enough."

- Precious Clement Kachitsa

"First and foremost, I write to thank you for your tireless support towards my academics. I don't take it for granted. You are such amazing people. I thank you for the tuition and the upkeep that you provide towards my academics. Without your support I really don't know where I could have been because I still remember the time you came into my life I was at the verge of withdrawing. Lastly, I would like to extend my gratitude thanks for the laptop you have recently given to me. Now am bailed out of relying on the computer lab that usually closes at 9pm daily and remain closed during the weekends which made studies unbearable."

- Jeremiah C. Kabaghe

"It was very hard for me but I found comfort in the words of this young man who said, "don't worry sir, you all did your best to save my brother, and you treated him and us well but I guess it was time for him to go, thank you so much". As I walked away almost in tears, I realized that not always will our efforts save patients but the way we treat them and their guardians is always going to leave a mark. Last but not least, I would like to express my deepest gratitude to you my sponsors for the support you have given me over the years for I am what I am today, largely because of your support. Medic to Medic will always be part of my life story wherever I will go, thank you."

- Mayamiko Zulu

"First and foremost, I would like to thank you people of Medic to Medic for the support you are offering me. You are really helping me to achieve my dreams. I greatly appreciate because my family was finding it difficult to pay for my academic and upkeep allowances. To the greater impact you have bailed me out from the just recently hiked fee which was very difficult for my parent who is depending on casual labour to source funds for our family."

- Judith Namukopwe

"First of all I would like to extend my gratitude once again for coming into my academic life. I will never stop to thank God for sending such an amazing team to sponsor for my education at a time I needed it the assistance the most. I am very grateful for your support. Continue doing this to other needy students as well. Lastly I am so grateful about the new laptop you people have given me. Words fail to express how grateful I am for this gift. I am really grateful for this. This will make my academic life much easier."

- Atupele Tepani



## Spare a thought for those struggling to become doctors in Africa

Whilst the subject of British university fees have been a heated and controversial topic in the last few years, how many of us have given a thought to the financial problems faced by medical students in Africa? The continent contains some of the world's poorest countries with few doctors and other health care workers. Poor living conditions and resources are a perfect combination for appalling health statistics. The Ebola outbreak in West Africa in 2014 underlined just how vulnerable African countries are to evolving health threats.

Malawi ranks 170th out of 174 in the World Health Organization lifespan tables. Median life expectancy is 54 years. 62% of the population live below the international poverty line of less than US\$1.25 per day. Adult HIV prevalence is 10%. Most people in Malawi never see a doctor because there are only about 600 doctors, most of whom are in large cities. That's one for every 51,000 population compared to one per 325 in the UK. Just two cardiologists cover the entire country. Only 8% of paediatric and 9% of obstetric posts are filled. There are only 60 physiotherapists in Malawi and 33% of nurses' posts are vacant.

Unsurprisingly Malawi has very poor health outcomes. Maternal mortality is 43 times higher than in the UK. It is the same for children's health: for every 1000 children born in Malawi, 110 will die before they are five.

One of the reasons for the shortage of doctors and other health workers is the cost of education. Children leave school in order to support their families who have often lost the bread winner to ill health. It is a vicious cycle that perpetuates poverty and despair.

Sadly, even for the very few who do have the opportunity for higher education, the situation is bleak. Although the government subsidises training, a large part of the cost of medical and nursing school is met by families. Consequently many students drop out of college in their final years when the prospect of graduating is tantalizingly close. Worryingly the government recently increased the mandatory student annual contribution by over six-fold, an astronomical amount for most families.

Medic to Medic works to alleviate this situation by financially supporting students who would otherwise abandon their studies. Started in 2007 by a British junior doctor, the charity initially enlisted UK doctors to support Malawian medical students. It now has donors from the general public and has grown to support 50 student medics, nurses, physiotherapists, pharmacists and health assistants. Students are followed by written reports and visits from the charities' staff.

Medic to Medic often continues its support after graduation, encouraging graduates to work in rural areas. One of its first graduates will complete her postgraduate training this year and become the first female Malawian neurologist. With her one colleague, the two of them will have a catchment population of 18 million! Global austerity has had its greatest effect on the people in the developing world. Small charities such as Medic to Medic can have an enormous impact on individuals and through them, on families and whole communities.

*by Dr Richard Banks, modified from that published on 'Hospital Dr' blog*

*March 29th 2018*

<http://www.hospitaldr.co.uk/blogs/dr-blogs/spare-thought-struggling-become-doctors-africa>







Thank you to Medic to Medic for your support. Thank you for changing my life. Will forever be grateful. Now out to change the world. The sky is the limit!  
- Charles Tembo MBBS



## The USA branch

### M2M USA

In Spring 2017, Medic to Medic expanded its sponsorship efforts to the United States and is registered as a not-for-profit organisation. We are thrilled about the possibilities this creates for us to continue supporting our current students and expanding our support to more students in the future. Through US donations given over the previous winter, Medic to Medic has been able to support an additional 56 students, whose tuition fees were still outstanding for this academic year at the College of Medicine. The students that we have been able to support are in their 4th or final year of study and were going to be forced to drop out of their training following tuition fee increases of 600%. This brought the total number of students supported by Medic to Medic UK and US to a total of 91 - our largest ever cohort! Despite the ongoing challenges in Malawi, we've proven that we can withstand some of the storms to support students on the frontline, through your ongoing donations and support .

### Meet M2M's US Co-ordinator...

#### Gaurav Gupta

Gaurav joined the Medic to Medic team in 2016 to help with our work in USA. Gaurav has lived and worked in Africa, Asia, Europe, and North America and is interested in the intersection of Education and Health. The US branch supported a total of 37 students this year and saw 19 students graduate. This is in addition to those reported on page 3 for Medic to Medic UK.



# Statement of financial activities

The next two pages show a statement of Medic to Medic's financial activities for the year 2016-2017 and a balance sheet. For more information please see our Financial report for 2016/2017 on our website

<https://www.medictomedic.org.uk/charity-information>

## Medic to Medic Ltd

### Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 August 2017

	Note	Restricted £	Unrestricted £	2017 Total £	2016 Total £
<b>Income from:</b>					
Donations		3,869	73,885	77,754	43,311
Investments		-	1	1	-
<b>Total income</b>		<b>3,869</b>	<b>73,886</b>	<b>77,755</b>	<b>43,311</b>
<b>Expenditure on:</b>					
Raising funds		-	6,600	6,600	6,714
Charitable activities		3,439	62,419	65,858	51,959
<b>Total expenditure</b>	4	<b>3,439</b>	<b>69,019</b>	<b>72,458</b>	<b>58,673</b>
<b>Net income / (expenditure)</b>		<b>430</b>	<b>4,867</b>	<b>5,297</b>	<b>(15,362)</b>
Transfers between funds		59	(59)	-	-
<b>Net movement in funds</b>	6	<b>489</b>	<b>4,808</b>	<b>5,297</b>	<b>(15,362)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		-	23,955	23,955	39,317
<b>Total funds carried forward</b>		<b>489</b>	<b>28,763</b>	<b>29,252</b>	<b>23,955</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 12 to the accounts.



# Balance sheet

Medic to Medic Ltd

Balance sheet

As at 31 August 2017

	Note	£	2017 £	2016 £
<b>Current assets</b>				
Debtors	9	747		-
Cash at bank and in hand		<u>31,189</u>		<u>24,855</u>
		31,936		24,855
<b>Liabilities</b>				
Creditors: amounts falling due within 1 year	10	<u>(2,684)</u>		<u>(900)</u>
<b>Net assets</b>	11		<u>29,252</u>	<u>23,955</u>
<b>Funds</b>	12			
Restricted funds			489	-
Unrestricted funds				
General funds			28,761	23,953
Share capital			<u>2</u>	<u>2</u>
<b>Total charity funds</b>			<u>29,252</u>	<u>23,955</u>

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 20 February 2018 and signed on their behalf by

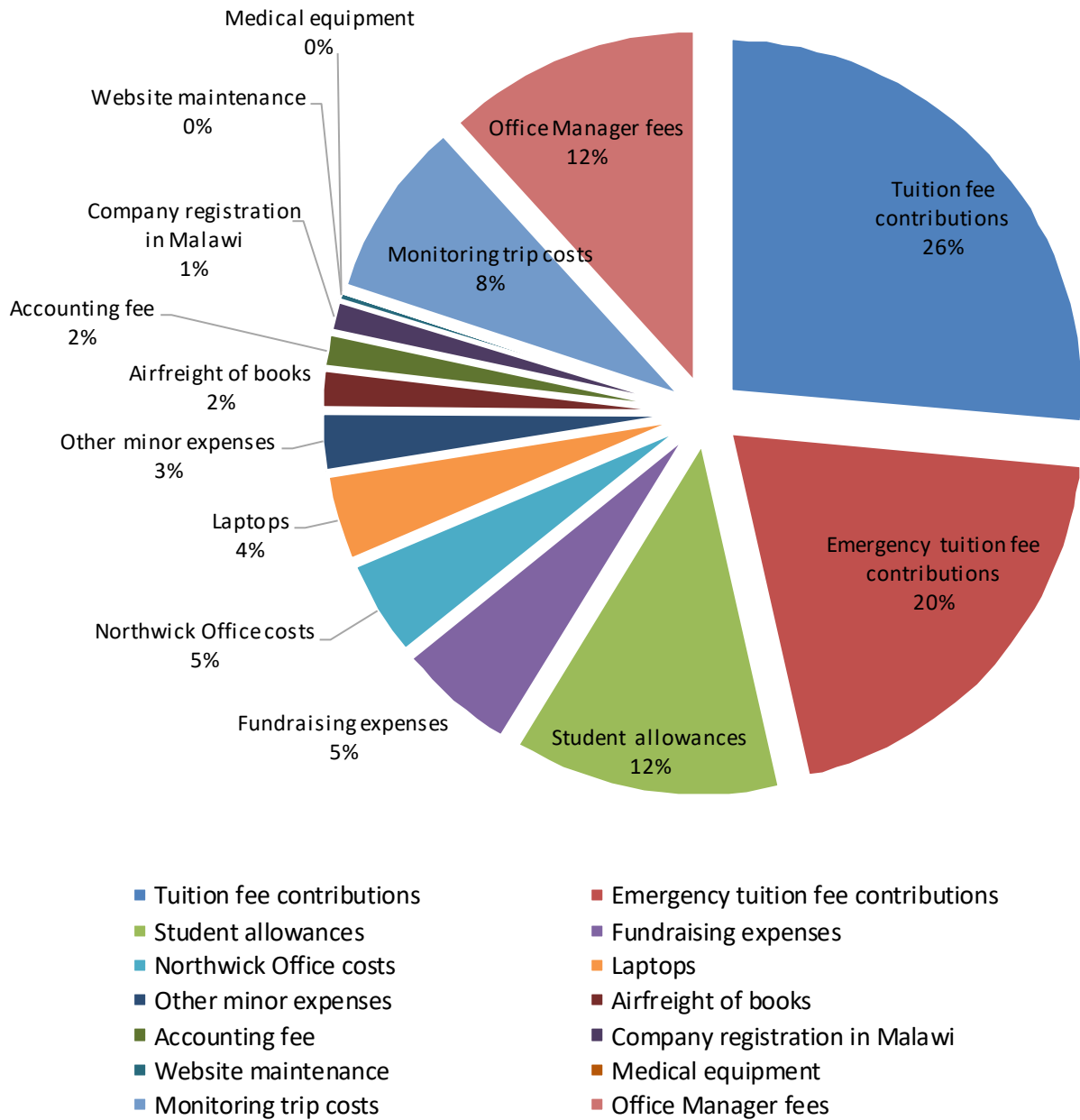


Adrian Nicholas Mandeville - trustee



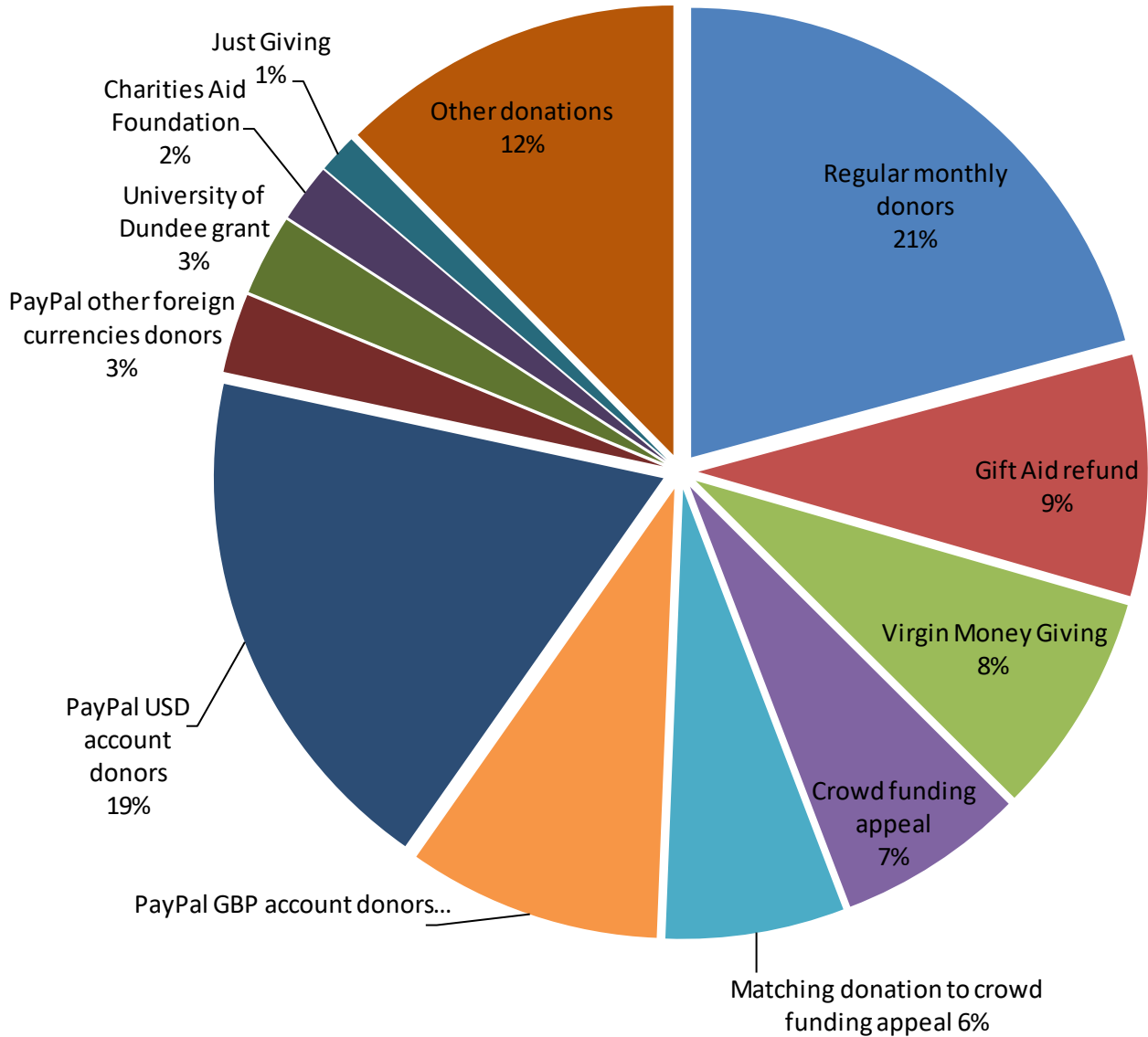
# Expenditure 2016/2017

Expenditure breakdown for year ending 31 Aug 2017



# Income 2016/2017

Income breakdown for year ending 31 Aug 2017



# Thank you!

Thank you to everyone who has donated medical textbooks to us over the last few months! Your generosity has meant that we have been able to start a whole new library of textbooks at the College of Medicine's rural campuses in Nkhoma and Mangochi. These resources are used by the medical students on their family medicine rotation, as well as the family medicine registrars training at these district hospitals. Thank you to the elective students at Dundee University and the delegates travelling to Malawi for the Wellcome Trust Scientific meeting who very kindly took out donations for us in their luggage!



**MZUZU UNIVERSITY**  
OFFICE OF THE TRUST FUND MANAGER

Private Bag 201  
Luwinga  
Mzuzu 2  
MALAWI  
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E-Mail: [mzutrust@stnp.org.mw](mailto:mzutrust@stnp.org.mw)

Ref: **MUT 03.07/2**

**4<sup>th</sup> July, 2017**

L. Tamsin  
Medic to Medic  
**LONDON**

Dear Madam,

**VOTE OF THANKS – MZUZU UNIVERSITY LIBRARY FIRE**

On behalf of Mzuzu University I would like to thank you for the continued support of sourcing books for our institution following a fire accident in December 2015. We acknowledge with thanks, receipt of your donation of 166 Nursing books from Medic to Medic.

There is no way to fully express our gratitude for your support. We at Mzuzu University are continually inspired by the generosity of donors like you who answer the call to give at a time of need like this one.

Your donation will help in educating our students who are the future leaders of this nation.

We would love to keep you in the loop with our Library reconstruction efforts and therefore, we urge you to visit our website, [www.mzuni.ac.mw](http://www.mzuni.ac.mw) for any developments in this regard.

Once again, thank you for your compassionate support. We trust that you will continue to partner with us in our commitment to educate the students of this world in general and Malawi in particular through Mzuzu University.

With warm regards.

Yours faithfully,

  
Mbachazwa Lungu  
TRUST FUND MANAGER

cc: Vice Chancellor  
Deputy Vice Chancellor  
University Registrar  
Director of Finance and Investments  
University Librarian  
Dean, Faculty of Health Sciences

Thank you to Palmerston North Hospital, New Zealand for raising \$608 with your raffle at the Resident Medical Officer ball.

**October 2016**

Royal Bournemouth Hospital are supporting Medic to Medic through their football tournament with juniors vs consultants! In the first match the juniors won! The consultants are hoping for a win in the next round! They helped raise £100 for Medic to Medic.

**December 2016**

Thanks to Dr Neil Merrylees and Dr Ankur Gupta-Wright for helping Medic to Medic to conduct the twice yearly student interviews in February 2017 at the College of Medicine campuses in Blantyre and Lilongwe.

**February 2017**



## ....and thank you!

### Thank you for volunteering to transport books to Malawi!

Thank you to the volunteers who have taken the donations of textbooks across to Malawi, saving on logistics and transportation costs:

- Dundee Elective students
- Palwasha Khan, Alex Aiken, Geraldine O'Hara, Jamie Whitehorn, Sarah Prentice and Michael Marks, who were travelling to the Wellcome Trust - Bloomsbury centre for Global Health Research Scientific meeting, being hosted in Malawi in March of 2017.

Thank you to everyone who attended the Saturday session of Medic to Medic Revision Lectures being hosted at Norwich Medical School in May 2017. You helped us raise £1200 for the disadvantaged students in Malawi! A special well done to Bhavik Pankhania for organising and running the day! Thank you to the MDU for sponsoring the event and our speakers who volunteered their time to give lectures.

Thank you to [#cafeafrika](#) for hosting Medic to Medic as their charity of the month in Amersham. You helped us raise £160 for our students in Malawi!

Thank you to Hurst Essay Prize markers for 2017— Dr Cathy Madden, Dr Rebecca Neil, Dr Simon Dalton, Dr Olivier Le Polain. Thank you also to Dr Hurst for donating the money for the prizes.

Well done and thanks to Anna Lillie for completing the Barcelona marathon on Sunday 12th March 2017 running it in 3 hours 56 minutes! She came 317 out of 7700 female runners placing her in the top 4% over the weekend - an incredible achievement! She's also raised over £1,700 for Medic to Medic.

Also to Jana Elhorr! Our marathon champion who finished the London marathon 2017 in 4 hours 25 minutes! She's raised almost £1000 for M2M!





# Sporting Hall of Fame

A special thanks to our Medic to Medic athletes who last September helped us raise over £2,081 by running, swimming and doing obstacle courses!



Ishmail Badr Berlin Marathon **£1031**



Jana Elhorr  
Serpentine Swim - **£350**



Nicky Loedolff 10k  
Brockwell Park **£195**



Harriet Blundell  
Serpentine Swim - **£150**



The Shinn brothers  
Tough Mudder  
London South - **£225**



Maryann Norhana  
Tough Mudder **£130**

**Training for an event or and keen for your efforts not to go to waste?**  
Think of us! Get in touch and we'll send you a sponsorship pack with more information about how we can help you!

**[admin@medictomedic.org.uk](mailto:admin@medictomedic.org.uk)**

Archie Shinn says "I would recommend fundraising as you can have fun challenging yourself and get rewarded raising money."



## Administrative details

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For comments, questions and errata regarding this annual report, please contact the editor at the email address above. Every effort has been made to credit contributors to this annual report. Where omissions have occurred, please advise and they will be rectified at the earliest possible opportunity.



Medic to Medic



@MedictoMedic



Medic to Medic



### How you can help.....

**Most of our donors give just £5—20 per month. If you feel you can sponsor a medical student, please visit [www.medictomedic.us](http://www.medictomedic.us) to set up a direct debit online or download a paper form.**

**You will be linked with an individual student and receive regular up-dates from them on their progress. You are welcome to enter into email correspondence with them and many of our students find this very motivating. Please note that although you will be allocated a particular student, our donations are pooled so that no one student is disadvantaged if a donor needs to pull out.**

**For more information, please contact us (details above).**

**Medic to Medic Bankers** Lloyds TSB Bank PLC; 286-288 Station Road; Harrow; Middlesex; HA1 2EB

**Independent Examiners:** Godfrey Wilson Limited; Chartered accountants and statutory auditors; 5th Floor Mariner House

**<https://www.medictomedic.org.uk/>**

UK registered charity No: 1149904; UK Company No: 088176249





**Medic to Medic was founded in 2007 to address the problems of training and retaining medical students in some of the world's poorest countries.**

**Medic to Medic helps by supporting resource-limited, but dedicated students through health care worker training, supporting the sustainability of the health systems in their home countries. We cover their tuition fees and give them allowances for equipment and books. We link them to individuals in the UK, who provide them with personal support. We help them after graduation until they can support themselves and work as much-needed doctors in their countries.**



**Medic to Medic**

