



Medic to Medic



CAMPAIGN REPORT

**Emergency Appeal: Protecting Malawi's health workers
with Personal Protective Equipment (PPE)**

June 2020

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Report from Chief Executive Officer



Who knew the word “unprecedented” would have been used so many times during 2020? 2020 has thrown us many challenges. The Personal Protective Equipment appeal has given Medic to Medic an opportunity to be proactive during these periods of uncertainty. Having built strong relationships with our graduates during the course of their training, the thought of their safety being put at risk during their day to day work motivated us to act.

When we started this project in March 2020 central to this planning was that items would be commissioned and purchased in Malawi so that we could invest and support local businesses. This would not only enable Malawi to respond to its own needs during the pandemic but would also mean we wouldn't be expecting international shipments of PPE during a time where there are global shortages.

This has been an incredible journey and we have thoroughly enjoyed working with our graduates, the tailors on the ground and the other volunteers. These projects do not happen in isolation and there are so many people to thank! Your financial investment has been so heartening at a time when there have been so many reasons in the world to feel hopeless and a time when we know many of our supporters may also be going through financial challenges. We are thankful for you. This report tells you more about those who've helped us and how your support has made a difference to our graduate community. We initially thought a newsletter would be sufficient, but there have been too many stories and details that we wanted to share, so a full report was required instead!

Encouragingly the tailors informed us that they have had to employ more people in order to complete our orders and this has helped their businesses grow. Now different organisations and charities are approaching us and asking for the contact numbers of these businesses so that they can commission their own orders as well. These are just some of the indirect positive outcomes from this appeal.

You helped us raise over £12,400 for this project! This is largest amount Medic to Medic has ever raised during a single campaign and we couldn't have done it without you! ALL of this money has been spent on PPE and allowances in country. Initially we set a target of £5000 as we thought this was most realistic. Then we set a stretch target of £8000. This was what all the items we wanted to provide would cost to commission. As the appeal progressed, the costs of materials had increased in Malawi and our original quotes needed to be revised. Our final target of £10,500 meant that we could provide all our Malawi graduates with an allowance so that they had the resources to buy replacement soap, sanitizer and masks if they needed. These allowances are modest (in the region of £20 each) but go some way to empowering them to look after themselves.

To have reached a total of over £12,400 has meant that we have been able to provide allowances to our 3 graduates in Uganda so that they can commission their own PPE kits in country. We were also able to provide 8 of our upgrading clinical officers and nurses with an increased PPE allowance so they could commission their own PPE items as well. Meaning that we have helped 137 health workers with PPE during the global pandemic.

For some of you this will have been the first time that you've heard of Medic to Medic and the first time that you've donated. Thank you for believing in us and our graduates. We hope that you may consider supporting us again in the future. Regular donors are linked to a student and you will receive regular updates on their progress during the year. Regular donations enable us to plan ahead and determine how much additional fundraising we need during the year so that we can continue looking after all of our students. If you're interested in signing up to be a donor, you can do so through our website and we're always happy to discuss questions and queries if you have them, so please get in touch.

Thank you to everyone who has supported our campaign! Supplying PPE to our graduate health workers goes some way to ensure they are as protected as they possibly can be during the global pandemic. We wish you all safety during the next stage and thank you for supporting us when you yourself may be going through financial challenges.



Dr Tamsin Lillie
Chief Executive Officer





Appeal in Numbers



£12,437.38 raised

504 bottles of hand sanitizer

126 PPE kits made and distributed to graduate health workers in Malawi



5 tailors supported in Malawi

126 boxes of 50x gloves distributed

126 bottles of liquid soap

252 bars of soap



£2520 spent on PPE allowances (£20 each)

3 PPE allowances transferred to Ugandan Graduates

252 scrubs made

252 visors made

252 surgical hats made

252 pairs of overshoes made

252 bags made

8 additional PPE allowances sent to upgrading students in Malawi



876 surgical / N95 masks distributed



Production & Sample Photos



We worked with many tailors in Malawi across Lilongwe and Blantyre to help facilitate making all the items that were required. This enabled us to share the workload meaning that items would be made faster and more efficiently as well as being able to invest in more local businesses.



Our graduates suggested tailors, checked samples, amended designs and picked up and collected items.

Thank you WhatsApp!



Who did we work with?



We first met Patience at the College of Medicine a couple of years ago on our annual monitoring visit in Malawi. She had set up a student group with the ethos of helping students who were struggling at University, giving them mentoring advice as well as donations of toiletries and groceries that she was able to procure from people in the community. We were impressed by her spirit and we have been so pleased to work with her again on this project!



Meet Patience

Patience produced over 156 surgical scrub suits and 252 pairs of overshoes!

Patience is 26 and is the first born in an extended family of 8. She writes: *"I'm a registered pharmacist. I graduated from college of medicine in 2017. When I finished my internship in 2018 I thought of something I would do that would give me more money to support my family & siblings. So I was using the internet to look for ideas. I thought of designing tailoring and I found it very interesting. I would spend more time on the internet, learning how to cut cloth and how to operate a sewing machine. In 2018 July I bought my first machine and I started making chitenje bags. I'm now an expert in making any kind of bag! It was a good business and I was really having fun. I taught 3 of my siblings and they are able to support themselves with pocket money at school. In 2019 it's when I decided to employ tailors since I was then busy with work. So I have 4 tailors including my 2 siblings. We do our tailoring service at home. Tailoring is one of my hobbies, I can do it until very odd hours, it's fun, I love seeing my customers happy by doing good quality work, delivering in time and just being creative about it. So my core values are creativity, quality, efficiency, trustworthy and reliability."*



Who did we work with?



Meet Youngson



"I looove them, nice material and neatly done!"

Youngson has been a tailor since 2014 when he started making bow ties but soon progressed to making more items. Now he can make most things! He says *"I enjoy a lot tailoring"*. Youngson is not yet married and does not have any children but supports his older brother who has a mental disability and a sister. He would like to have children some day. Unfortunately Youngson's mum has already passed away.

Youngson produced 96 surgical scrub suits for us!



Soap, hand sanitizer, surgical masks and gloves were purchased from existing medical suppliers by our graduate volunteers in Lilongwe and Blantyre.

Thank you to Adam and Sarah in Blantyre for investigating the best prices for us and assisting on the ground with the project!



Who did we work with?



Meet **Cecilia**, a 22 year old tailor in Blantyre. She is the third born in a family of four siblings. She has been working as a tailor for the last 2 years but she has been a designer for three years. She states that *"This is my favourite job"*. She helped us make 126 pairs of bags - one labelled with a "c" (clean) and the other labelled with a "d" (dirty). This will help our graduates keep their dirty PPE separate from the clean set and avoid cross contamination. Here is Cecilia with her sister and Dad.



Meet Cecilia

We commissioned the manufacture of a large quantity of PPE for our graduates in Malawi. In order to get these items made in a timely manner we used a network of tailors, not just one; thereby protecting the incomes of more local businesses.



Nelson lives in Mulanje in the southern region and is married with 4 children. 2 of his children are at college, his third born is at secondary school and the last born is at primary school. He also supports his late sister's 2 children. He is the main breadwinner in his family. Nelson had to hire more people to help him with this order, providing employment to more people in the village. A rural hospital where one of our graduates works also hopes to make an order very soon. Thank you Nelson and your colleagues for all your hard work in helping us provide PPE to our graduates!

Nelson made 252 visors for us with his team!

Our graduates said: ***"Great and innovative face shields locally made."***

Meet Nelson

Thank you to our friend Emmanuel in Mulanje for helping us find Nelson and organizing payment and distribution to our Blantyre graduate volunteers.



Who did we work with?



Meet Trina

"I will be turning 31 in October. I am the only child of my parents who died when I was only eleven years old. My grandparents from my mother's side raised me from then, until I got married. I've been married for 5 years to Vincent Phiri who works for Finca Malawi and I just gave birth to my first child on 18th January 2020. We are 5 in our house, my husband, me, my stepson Shaun who is eleven years old, the new born baby Zwai and my house help Alice.

"I am a journalist by profession. I studied journalism at Malawi institute of journalism (MIJ). But I chose not to work in the mainstream media because of the amount of salaries journalists receive, (its very little). So after finishing my college, I started working for WACO Africa and I was a research assistant. We were conducting different surveys from WFP on malnutrition in children. We were checking weight, height and MUAC on the children who were less than 23 months old. Also conducted survey from Reserve Bank of Malawi on Financial literacy and consumer protection. We also worked on other farming surveys from Clinton foundation (anchor Farm).

Trina produced over 250 surgical scrub hats for us with her team of tailors!

*"Then I started my own tailoring business in March 2015, so this is my fifth year. I did not study designing, I only had passion for fashion which made me to open my business. At first it was stressing, I would think of closing my business because of the tailors frustrating me and clients complaining for us not doing a good job on their outfits. Since I did not have any knowledge, I decided to train myself online by watching different cutting and designing videos tips on YouTube which improved our business. After things started working well, I employed about 3 tailors (all male). But from last year with the bad economy, I had to lay off one tailor to cut costs. Now am working with Andrew and Charles. **I am very proud for what I've done with the business so far** and I enjoy my work very much. I supervise and help my tailors and clients with styles that can match a client's body structure."*

Thank you for working with us Trina! We have been so pleased to support female business leaders!



Just another case of Corona, a perspective from a Malawi doctor



By Isaac Yiwombe. Medic to Medic Graduate

It was business as usual. It was my turn to see a patient. After having given myself a few words of encouragement about how awesome a doctor I was, I quickly got up from my seat and grabbed the patient's file. One would think that after about two years of working as a doctor I would have gotten used to the title. I wasn't. Every now and then I would look into the bathroom mirror, gaze upon the smug grinning face staring back, recall the horrors of medical school, and then chuckle under my breath wondering "Now how on Earth did you do that off?"

I walked into that consultation room with a light smile on my face, I can't be showing too much happiness to see someone in the hospital. This may very well not be their idea of a day well spent. In normal circumstances, this was just another patient with a regular illness. She was a Chinese lady with a Malawian interpreter by her side, and you could tell by her eyes that she was also smiling underneath her mask. This was early January this year (2020), so naturally I had a few questions going through my mind. Quite a few. I suppose she realised I was anxious because she broke the silence with a laugh and said "I don't have corona".

Contrary to popular belief, people are still suffering from other conditions apart from the Coronavirus disease. People are still getting Malaria, asthma and fever from other illnesses. We can never know for sure until we do the necessary tests for Covid-19. How then do we do the tests if the test kits are in limited supply and only special institutions are doing them? And which people do we do the tests on, considering that a substantial percentage of people with Covid-19 do not have any symptoms - and yet they tend to be more infectious? These are but a few of the questions our Nation is currently facing. Questions to which, like most parts of the world, the Nation does not have answers to; answers we are not even sure if we are prepared for as a Nation.

I had boarded a bus about two weeks ago, and only after I had threatened the bus conductor that I was part of the Covid-19 response team did he stop cramming more people into the bus, completely ignoring rules on social distance in public transportation. What is more, the passengers were encouraging it! With a scared look on his face, he then started explaining the company's financial predicament and about how sorry he was. I am certain that this bus company is not the only one ignoring the rules.

Perhaps what he was doing is wrong, but he is good example of what the situation is like for this country. As much as we do not want the spread of the virus to get out of hand, the sad reality is that the majority of the population cannot afford to strictly adhere to measures put in place. People are expected to stay off the streets even though that is where they find a means of survival on a daily basis. Needless to say, declaration of the lockdown was only met with widespread opposition.

In addition, the already overwhelmed health system is anything but ready to handle the pandemic. The public health sector has barely added any more infrastructure from the time the country got independence till now. The same tertiary hospitals built for a population of less than 5 million are supposed to cater for 18 million people! It is also rather unfortunate that it takes an international health emergency for the government to finally recruit healthcare workers who have been wrestling with the government for jobs for years. Having finally won the battle, the healthcare workers now have to appeal to the government's better nature for personal protective equipment and an increased risk allowance!

Everyone is scared. There is currently so much uncertainty in the world. And it seems to be the right time to start pointing fingers at anything we can find; from greedy politicians to selfish doctors on strike, from heartless nurses to unruly vendors, and of course, from telecommunications towers to evil geniuses in a Chinese lab. Perhaps no one has absolute knowledge on this matter.

The fact of the matter is, people are really getting sick and many are dying. So many things beyond our control. The widespread sense of hopelessness is evident. The government does not have all the solutions. Whether that is due to misguided priorities or not, we may not know. Nonetheless, something surely has to be done, and I am the right person to do it. So are you. We all have a part to play: Whether it's washing our hands frequently with soap, or following social distancing rules in a bus or wearing a mask in a consultation room or even just staying at home reading some article, by some doctor in Malawi, on a Medic to Medic forum. We may not know how the story ends, but we can do our best to make sure it ends well.

On that same note of stories ending, in case you're still wondering how I survived the case of Corona in my consultation room, the Chinese lady did not have Coronavirus. She had malaria. You can breathe now.



In the Media



Thank you to Yohane, Precious and Francis for creating the doffing and donning PPE leaflet which was shared to our graduates.



Above: Yohane Gadama (Doctor) appearing on National TV in Malawi, discussing the Covid-19 pandemic and preventative measures.

Right: Fatsani Gundah (Doctor) discussing Covid-19 on local radio.

Below: Soko Fund graduate health workers. The Soko Fund are a Scottish charity who provide scholarships for young women studying at tertiary institutions in Malawi. They have 18 graduate health workers and we are so happy that we have been able to include them within our planning to help protect more of Malawi's human resources for health during the global pandemic.





My time in Quarantine



Virginia in a theatre at Bwacha in Lilongwe

By Virginia Phiri, Clinical Officer
Medic to Medic Graduate

Quarantine I thought quarantine might be fun, you have nothing to do, no work, away from people and you are always resting. Somehow I could think that you are relieved from pressure of day and day life. As a health worker and a clinician I knew that I might encounter a patient with corona virus one day. But I never knew when, and how will it happen. Though I also said I will try everything possible to protect myself. On 9/04/ 2020 Thursday I woke up so courageous and determined that I was going for follow up on people who were suspects of Covid-19 as well as to do health education on Covid-19 at Kang'oma. When I reached work I was told to be on the follow up group clinical team as the duty roster showed. We started our journey to area 47 and Kamuzu Barracks, around 12 midday we were called to go to Lilongwe District Hospital to get samples from one of the suspect of Covid-19. Upon arrival we found the suspect in the car, and was very sick and vomiting, had high temperature. *"This suspect is very sick needs admission"* I said, the lab technician took the samples for Covid-19 and another test. We started communicating to the bosses who told us to wait, so that they could prepare one of the isolation rooms for him. Finally we managed to put patient in isolation room, immediately I started attending to him, while I was in my PPE. When the nurse came, I left to go to a part time job... I took my bath and changed clothes immediately I reached there. I explained to my colleagues that I saw a certain patient who I thought had Covid-19. Around 9 o'clock I was called that the patient was a confirmed case of Covid-19. I was immediately advised to go back. The ambulance came and took me to where the patient was. I joined the nurse to take care of him. Till the following day evening when another clinician and nurse came to rescue us. The following day the patient passed on. Hence we were put on quarantine for 14 days.

To say the truth quarantine isn't an easy thing as it seems to be. Here are some of the experiences I had;

Stress. After the patient was diagnosed with Covid-19, I became stressful more than ever before. Suddenly I rushed to the toilet and my whole body was as if someone had poured cold water on me. A lot of questions started lingering in my mind. Will I manage to take care of the patient? Will I manage to protect myself without contracting the virus? Will the patient survive?

Fear. Fear took grip of me, what if I contract the disease, will I go through the same process as the patient was going through? Will my body be able to fight the corona virus? Will I die as other health workers who have died in other countries? The fear of leaving my family, my kids, and my husband was too much. I kept asking God to forgive my sins so that when I die, I should have eternal life.

Demoralization. I was demoralized with how our government was handling the Covid-19 issues. With political tension, there were a lot of stories from social media. People thought government was just creating Covid-19 cases. The government also, was not responding fast to the issues. They are shortage of PPEs, small risk allowances for frontlines, no insurance for health workers. Since I took an oath to save the human kind, I pray every day that God should help all health workers to go through this pandemic period.

Stigmatization. I felt bad, when people even our fellow workmates were running away from us. Some of them they could speak ill of us who we were at quarantine. Sometimes when they are bringing food to us, they could just drop it somewhere and call us to go and collect it. On top of that the guards could refuse our families or our colleagues from work to come and see us, it took us negotiating with them that we were not prisoners and if they come will do all safety measures to protect them.

Psychologically affected. To say the truth emotionally I was completely disturbed. I had insomnia, I could find myself wondering at the middle of the night, trying all means to make myself fall asleep but I could fall till morning hours. Sometimes I could start crying loudly in my room.

Loneliness. I felt so lonely, no entertainment. Yes I could watch movies from my laptop but that was not enough since I needed more airtime bundle for me to download them or to stay on internet, there was no wifi hence we were using our own money to do that. Missing my family, my little kids. I had to be strong for me to finish quarantine.

Thank you Lord Jesus for protecting me, I tested negative for Covid-19, and went back to my family. It's not about me and the safety measures I used, since still a lot of health workers are dying. But I feel it's the **Gods grace.** All in all, I felt so much encouraged when I was helping my patient being the first clinician to attend to a Covid-19 patient in Malawi. I felt somehow my fellow colleagues will learn from it, that it's necessary to help than running away from it. The patient kept saying *"Thank you, you have helped me, others were just abandoning me and when am discharged from this hospital I will come to visit you at your house"*. I was very happy and encouraged since I felt that we did install hope in him and showed that we were still there to care about his life. Till he died, may his **SOUL REST IN PEACE**



Packing the PPE kits



Thanks to **Hawah, Precious and Waleke** in **Blantyre** for packing all the PPE items together ready for collection by the graduates.

Thanks to **Harry, Duncan, Precious and Levison** in **Lilongwe** assisting in distribution to the graduates here.

Thanks to **Maria and Petros** in **Mzuzu** assisting in distribution to the graduates here.



Completed PPE Kits



We have distributed 126 PPE kits to graduate health workers in Malawi for the Covid-19 pandemic.

These kits contain:

- 2 sets of scrub suits
- 2 surgical scrub hats
- 2 pairs of overshoes
- 2 face visors
- 2 drawer string bags – one to store the clean set of PPE and another to store all the used PPE to avoid cross contamination.
- 2 bars of soap
- 1 bottle of liquid soap
- 1 box of 50 gloves
- 4x 50ml hand sanitizers
- Masks – 2x N95 masks or 10x surgical facemasks.



Monetary allowance of 18,000.00 MK so graduates can purchase replacement soap, sanitizer, masks and gloves.

There is some variation in the cost per PPE kit due to different suppliers within different cities but on average the kit costs £77 each - £95 with an allowance included.

These packs are to empower the graduates when the hospitals they are working in have limited supplies and are to compliment rather than compete with suppliers by using tailors and street vendors during these challenging times. This will protect the graduate health workers on the frontline in Malawi.





A physio's journey



Imagine being the only physiotherapist serving an entire hospital. Now imagine you don't have access to any personal protective equipment. Now imagine you're practicing in 2020, during the Covid-19 pandemic. Sadly many of our graduates don't have to imagine this.

"I am the only Physiotherapist in the hospital where I work. With the coming of Covid-19 there is an absolute absurd condition of lack of PPE. I do not have scrubs especially at this time where a medical person needs scrubs to change everyday and wash. Lack of adequate face masks is a national problem and am exposed to various microorganisms daily. Being a lone physiotherapist, it also means that the whole hospital will depend on me for all Chest physiotherapy where I will be exposed to Covid-19 perhaps more than anybody else. The patient will sneeze and cough on me, and if it is going to be worse in Malawi, it is even doubtful I can manage all critically ill patients. We need PPE.

"As a Physiotherapist, I see loads of patients from different areas such as orthopedic, obs and gynae, general outpatient department, surgical wards, burns patients, neurology as well as paediatric patients. In addition, my profession is also known for treating or helping people living with disabilities to attain their activities of daily living. In Malawi, Physiotherapy is a young profession and many government hospitals have no special infrastructures for physiotherapy services apart from only three national central hospitals.

With respect to above background, since I reported for work at Lilongwe DHO, Physiotherapy has no specific department to provide services. I, together with my two juniors (rehabilitation technicians) have been using a room comprising of 5 beds to treat patients.

I have been engaging administration through district medical officer and principle administrator to help me source a separate room to use it as a physiotherapy department but nothing significant for 9 months now has been visibly done due to inadequate infrastructure at the institution. Recently, they have worked hard to identify a room and one of the rooms where guardians sleep was agreed to be used for physiotherapy services, but the room is deserted and needs renovation. To renovate this room it has failed as well, now it is 4 months the District hospital has never engaged on the project.

Last week, I was lucky, I secured a room which I will clean tomorrow to start as a separate physiotherapy department. I am so happy, I did not even have an office. However, it means am starting at point zero, no treatment bed/coach, no any electrotherapy equipframe (even cheaper infrared bulbs), no even single walking frame etc. The resources I have were provided by Medic to Medic.

The good thing is that I have been able to work with very extreme unfavourable conditions. I have the department myself, everything about physiotherapy depends on my hands and my body. I do manual everything.

Now I am in the midst of wring proposals looking for well wishers to help me with simple equipment. However, on COVID-19 am ever active, and guess what, I appreciate because Medic to Medic has equipped me better, I have sanitizer, hand wash, face shield, scrubs, bathing soap, masks..... LONG LIVE MEDIC TO MEDIC"



Transporting the PPE kits



At all times we tried to ensure that most of the PPE items were made where they were going to be distributed to aid in these logistics. However, due to prices, the Mzuzu kits were made in Blantyre and Lilongwe and then distributed to Mzuzu. Some of the items (such as the visors and overshoes) were made in the southern region and then dropped off in Lilongwe for these graduates. To assist us with these logistics, Daniel Banda transported items and dropped them in their respective locations. Another business we helped to protect during the Covid-19 pandemic!



Top: Daniel collecting Mzuzu PPE kits and items to be dropped in Lilongwe from Precious in Blantyre.

Middle and Right: Daniel handing over PPE kits to Maria and Petros in Mzuzu.

Bottom Left: Daniel handing over items to Harry in Lilongwe.



Thank you from our Graduates



"Thank you very much for the support. We never take it for granted."



"Thank you very much Medic to Medic for your support... 🙏🙏🙏🙏"

"Thanks much. This is too big to think of .! Appreciations."

"This means a lot to me. Appreciate... 🙏🙏 will be the first to wear PPE at my workplace when conditions allow."

"Wow what a gift..thank you so much. Appreciated!"

"Thanks for this sacrifice. May God bless you more abundantly."



"Thank you very much for your continued support. The PPE packs are very comprehensive and timely. Can't thank you enough!"



"Am grateful for your continuous support."



"Thanks M2M. Got the awesome package!"



Thank you from our Graduates



"Wow! I never expected the package to be this much."



"I don't have words to express how thankful I am. Looking at the past, where you got me and to where I am now. You have done wonders. Thanks."



"Thank you very much Medic to Medic for the support."



"This is a wonderful gift to us as cases of COVID 19 continue to increase in Malawi."



"Just got mine. They're really good."



"Thanks a lot for the help."

"Your commitment and steadfast support to health care in Malawi through supporting not only the training but safety of health care workers is a true embodiment of humanity. Your efforts will always be greatly appreciated and held with deep gratitude. Thank you."



Thank you from our Graduates



“I would like to extend my heartfelt gratitude on behalf of all the Soko Fund graduates for this invaluable support you have done. Words have failed us but we pray God should richly bless the works of Medic to Medic and all the well wishers that donated towards this project. We are so much grateful.”



“Wow!!. Thank you very much for this. Greatly appreciate.”



“Got the package.....thank you so much! This is awesome!!!”



“Thanks team for the effort towards this. Its no joke 🍷 I love it.”



“PPE package collected. Thanks to M2M for the wonderful job.”



“Thank you for the kind gesture! 🙏”



“I would also like to acknowledge receipt of the package. Many thanks to Medic to Medic Team for this kind gesture. It appears very soon, Malawi will be flooded with COVID-19 cases. The trend has taken off to take its exponential shape.”

Got the pack full of goodies! I really appreciate this. Thanks to the entire Medic to Medic team who made this possible. Words will never be enough to express my gratitude. May God bless you.”



Become a regular donor



Regular donors are highly valued by our team. They help us plan ahead and enable us to continue supporting our existing community of students. We know the world has gone through unprecedented challenges over recent months. Our concern is there are going to be more students struggling in the developing world than ever before and at a time when the world needs more health workers than ever before. We want to be able to respond to this need.

These young people deserve a chance to fulfil their dreams.

Sign up via our website: www.medictomedic.org.uk



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With your help, we can support healthcare students in Africa throughout their education. Your donation will be used to provide gifted students with living expenses, tuition fees and stationery, allowing them to concentrate on their studies.

By sponsoring doctors, pharmacists, physiotherapists and nurses, your donation will help to tackle an immense number of healthcare issues in some of the world's poorest countries.

From a **one-off donation** to **regular monthly**, to **annual or yearly sponsorship**, there are lots of ways that you can help to make a real difference. We're grateful for any amount you can spare. Remember we work directly with the universities and students, therefore your donations won't be diluted by going through a series of organisations.

If you would like to donate over the telephone or need any more information on any of the donation methods above, please [contact us](#).

Regular donations mean that we do not have to rely on adhoc fundraising throughout the year. This helps us continue supporting all our students. You can donate any amount you want to. If you have any questions, please get in touch with us: info@medictomedic.org.uk

When you become a regular donor, you are linked to a student and will receive regular updates on their progress. Your support ensures that students already in training, finish their training.



Financials



Income	Amount
Crowdfunding Campaign	£9942.15
Website Donations	£627.98
Bank transfer Donations	£485.00
Facebook Donate	£151
Gift Aid	£1231.25
TOTAL	£12437.38

You can still help us claim gift aid by filling out this form:

<https://www.surveymonkey.co.uk/r/XPHKRG9>

* A combination of N95 masks and surgical masks purchased.

** 126 modest allowances with the PPE kits to enable replacements of equipment transferred directly to graduate bank accounts and 8 larger allowances given to students to purchase their own PPE already working as health workers.

All spent in Malawi

Expenditure	Amount (Malawi Kwacha)
252 Visors	630,000.00
252 Surgical Hats	441,000.00
252 scrub suits	3,694,000.00
126 pairs of bags	756,000.00
252 pairs of overshoes	126,000.00
4x 50ml hand sanitizer	252,000.00
Soap	261,572.00
126 Boxes of gloves	830,200.00
Masks*	630,000.00
Allowance**	2,844,000.00
Malawi Bank charges	125,600.00
In country transport	303,000.00
TOTAL	10,893,372.00 (£11,685.00)

**Total Spent:
£12,237.00**

Expenditure	Amount (GBP)
Ugandan Allowances	£285
UK Bank charges (international transfers)	£185
Exchange Rate Fluctuations	£82
TOTAL	£552

£200 outstanding. This will be used to help our community with unforeseen hardships during the Covid-19 pandemic.



Medic to Medic was founded in 2007 to address the problems of training and retaining health workers in some of the world's poorest countries. Like many sub-Saharan countries, Malawi is desperately short of doctors with just two doctors per 100 000 people.

We support resource-limited but dedicated students through their training, supporting the sustainability of the health systems in their home countries. We cover tuition fees, allowances, medical equipment, books and a laptop so that students have everything they need to reach their full potential.



Medic to Medic

